

Story: The Family Has Diarrhea (Picture 1.1)



Halima's son did not wash his hands after he left the toilet.



When his mother wasn't looking, he took some of the family food with his hand.

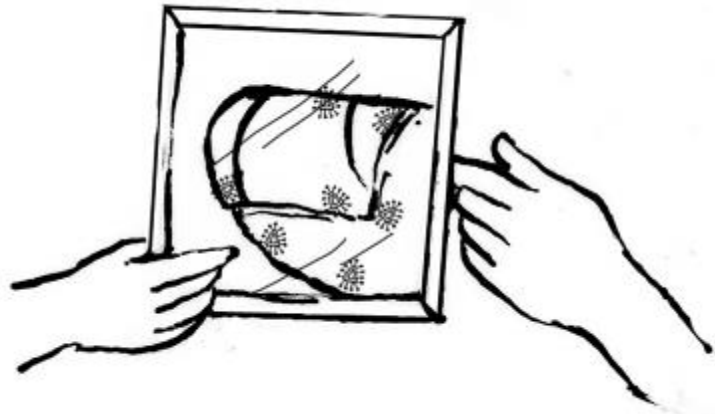


When they sat down to eat; they dipped their hands in one bowl of water. They didn't use soap.



That night the family had stomach pains and diarrhea.

Soap Kills Germs (Picture 1.2)



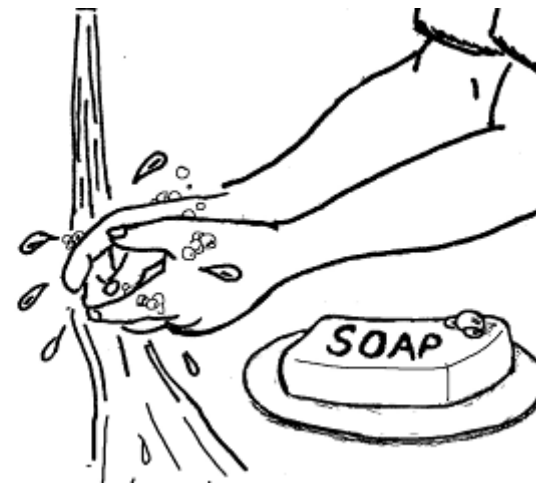
Germs live all around us.



Many germs enter the body on your hands.

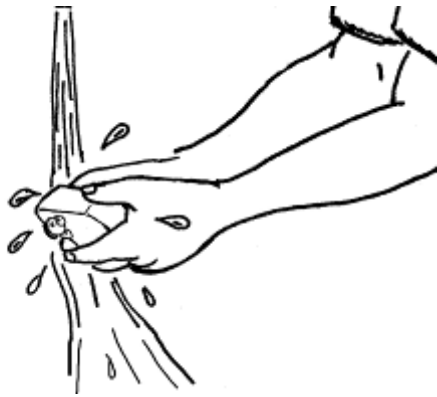


Germs that get inside the body can cause coughing and diarrhea.



Soap kills germs.

When to Wash (picture 1.3)



Wash hands with soap before preparing food.



Wash hands with soap before eating.



Wash hands with soap after using the latrine.

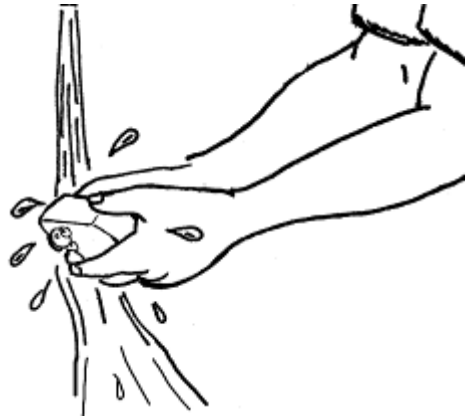


Wash hands with soap before holding a newborn.



Wash hands with soap before and after caring for someone who is ill.

How to Wash (Picture 1.4)



Wet your hands and the soap with water.



Rub your hands and fingers together. Rub between your fingers. Lather up to your wrist. Rub under your fingernails.



Pour clean water over your hands to rinse off the soap.



It is best to let your hands air dry.

Story: Too Difficult To Wash (Picture 2.1)



Halima committed to wash her hands every day just like Kioni taught her.



But when she left the toilet, she forgot.



When she started to prepare foods, the soap was missing.



When the family sat down for dinner, there was no water left.

Leaky Tin Supplies (Picture 2.2)

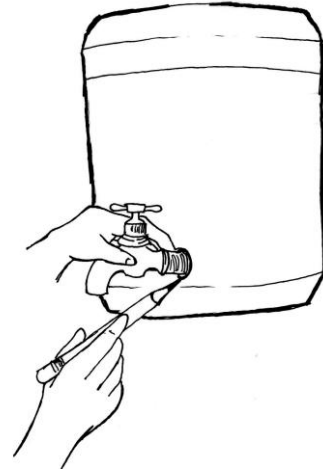


**A Leaky Tin makes handwashing easy and uses a small amount of water.
Let's make one together. You need: a 10- or 20-liter jerry can, a small tap, nail and super glue.**

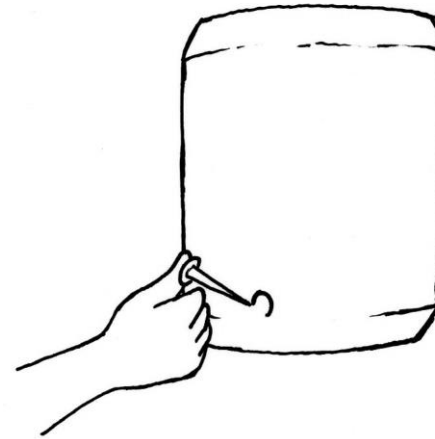
Leaky Tin Construction (Picture 2.3)



Clean the jerry can thoroughly, inside and out.



Take the tap and draw its circumference on the jerry can above the lower line.



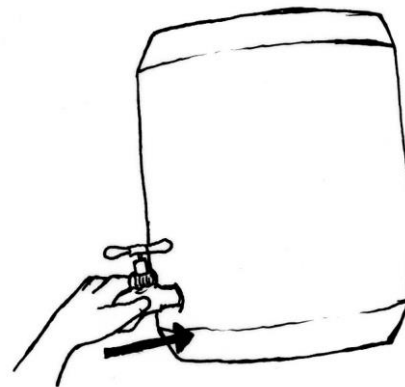
Take the tap and draw its circumference on the jerry can above the lower line.



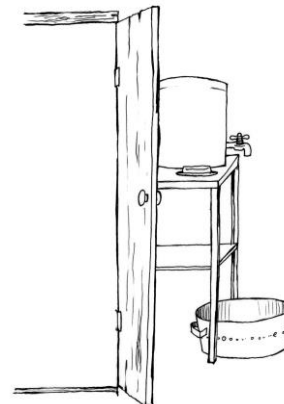
Insert the tap with a rotating motion, gently screwing it in until it's securely fastened.



Apply super glue around the joint.



Hold the tap steady for 5 minutes to allow it to dry.



Place handwashing station in a clean area near your home.

How can I make sure the care-taker washes my baby's hands? (Picture 2.4)



How can Halima make sure her baby's hands get washed properly when she is with a care-taker?



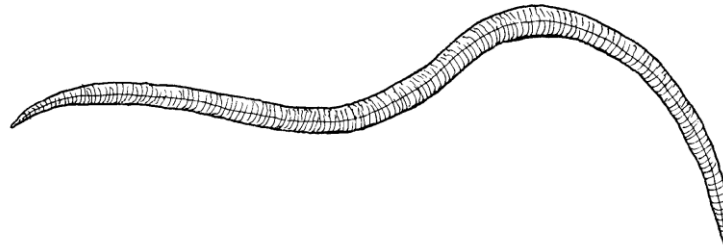
Halima washes her baby's hands with the Leaky Tin to demonstrate to her care-taker how to make sure her baby's hands are washed properly at all the appropriate times.

Story: Our Bellies are Full (Picture 3.1)



At dinner, Halima sees that her children are not eating well. “Why aren’t you eating?” she asks. “My stomach is already full” her son says. “I’m just not hungry” says her daughter. This continues for many days. Even though their bellies look full, Halima knows they are not eating enough.

Worms and Malnutrition (Picture 3.2)

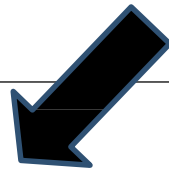


A parasite is a small worm that lives in the body.



Children with worms do not eat well and become malnourished.

Worm Prevention (Picture 3.3)



Always use a latrine. Keep feces away from others.



Wash fresh fruits and vegetables with purified water.



Wear shoes. Stop worms from burrowing into your feet.

Deworming Children and Pregnant Women (Picture 3.4)

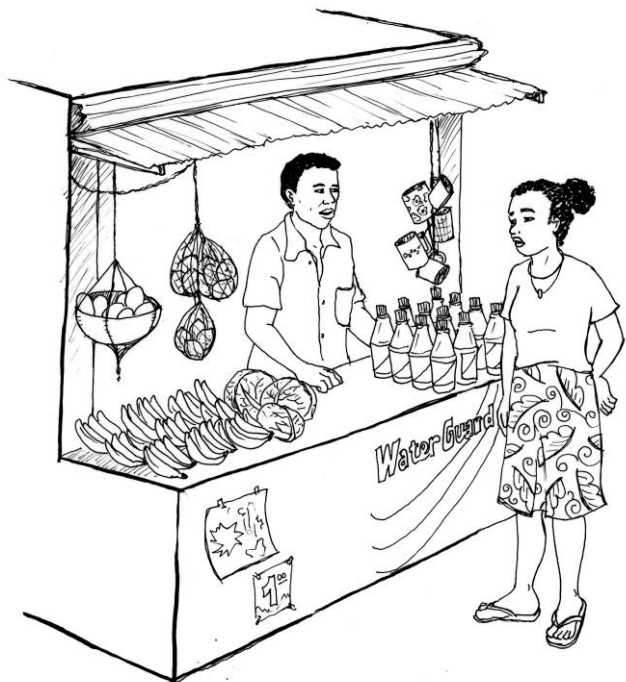


**Pregnant women, take a deworming pill
in the fourth month of pregnancy.**

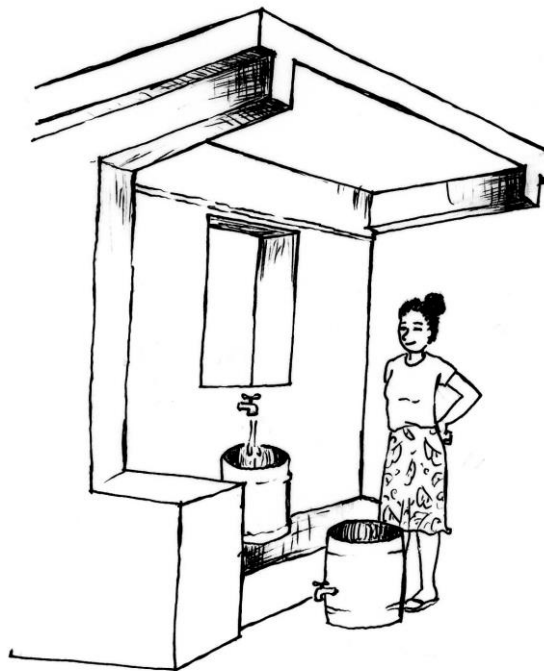


**Beginning at the child's first birthday,
give a deworming pill every six months.**

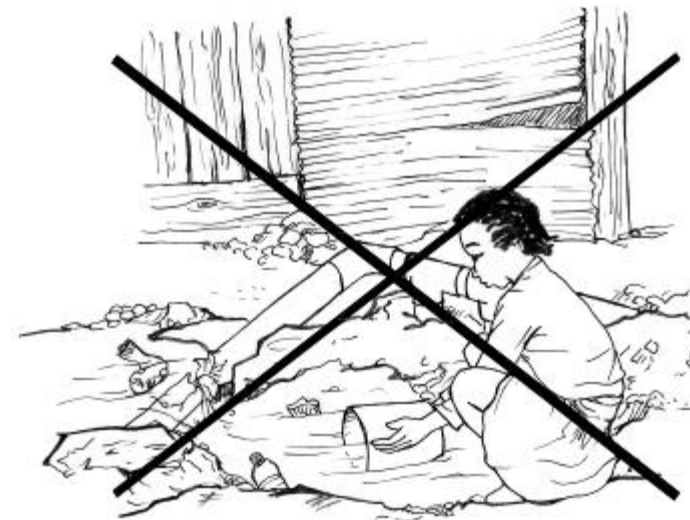
Story: Selling WaterGuard (Picture 4.1)



At the market, Halima meets a man selling WaterGuard. The man says. “Do you purify your water? If you add WaterGuard to your water, it will stop your children from having diarrhea!”



Halima shakes her head. “No one adds WaterGuard to the water in my compound. Our water comes from the water kiosk. It’s already clean!”



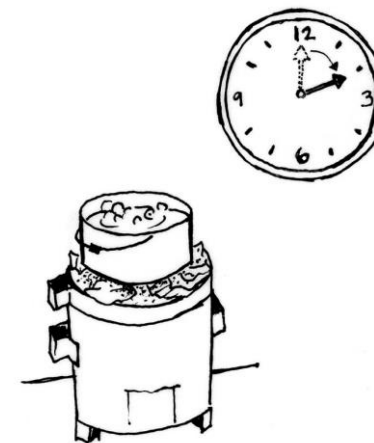
Water Purification: Boiling and WaterGuard (Picture 4.2)



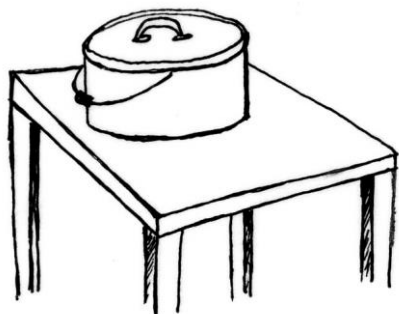
**Do not drink water directly from the source.
Water must be purified.**



**Pour cloudy water through a clean cloth
to remove dirt.**



Kill germs by boiling. Boil for 10 minutes.



Let water cool in a covered pot.



**Kill germs with WaterGuard. Add 1 bottle top
full for each 20 litres of water. Mix well.**



Wait 30 minutes before drinking.

Improved Water Storage (Picture 4.3)



Open storage containers let germs inside.



Drinking from the dipping cup adds germs from dirty hands to the purified water.



Serve water with a ladle. Protect the ladle from germs.



Pour water from the capped storage container. This water is protected.

Mrs. Mwanza (picture 4.4)

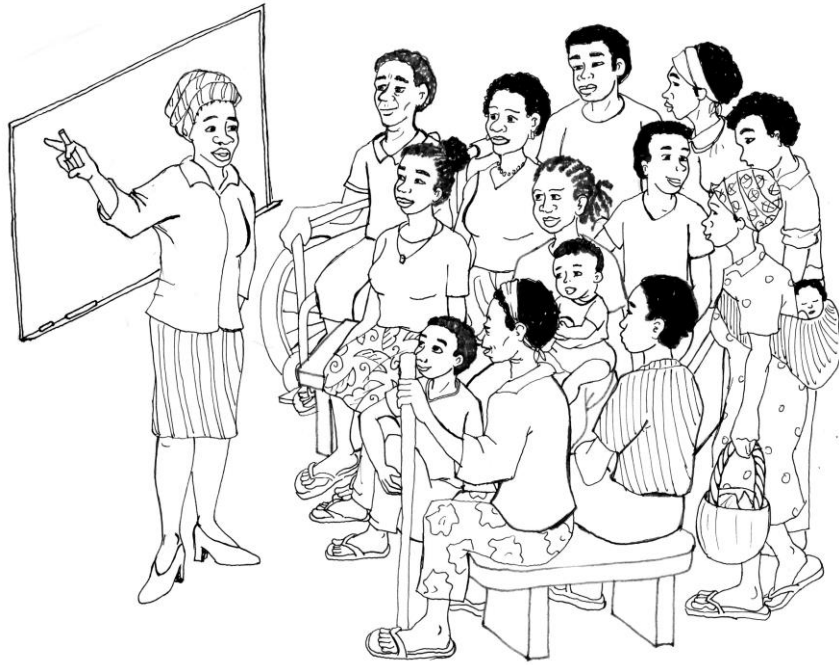


Halima's mother and her friends are all very pleased with Halima for making sure that her baby only drinks treated water.



When Halima leaves her baby with Ms. Mwanza she leaves a bottle of treated water for the baby to drink.

Story: Feces in the Yard (Picture 5.1)

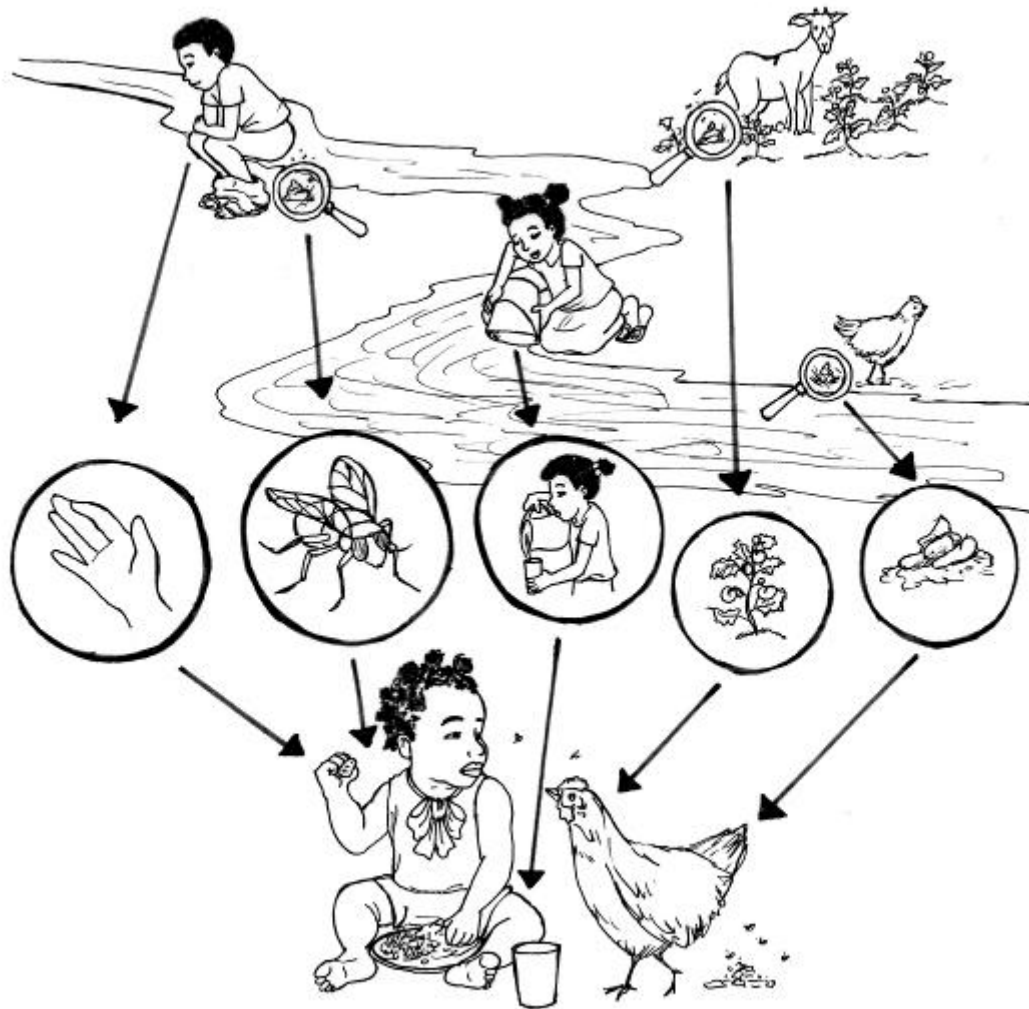


Halima goes to a community meeting. At the meeting, Halima's hears an important woman speak about keeping the community clean.



In the afternoon, the community leaders walk around the community. They stop near Halima's home. The woman from the meeting points to the feces just outside of the entrance. "Whose compound is this one? Don't they have a latrine? There are feces everywhere." Halima suddenly notices the feces too.

Germ Transmission (Picture 5.2)¹



Feces are full of germs.

Germs from dirty fingers are in the child's mouth.

Germs from the flies are in the child's mouth.

Germs from dirty fingers are in the drinking water.

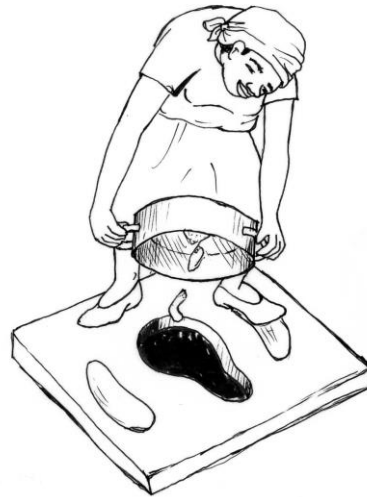
Swallowing germs from feces causes diarrhea and sickness.

¹ This illustration inspired by Water, Sanitation, and Hygiene Presentation Posters. Centre for Affordable Water and Sanitation Technology, 2011. <http://resources.cawst.org/package-type/poster-package>

Improving Feces Disposal (Picture 5.3)



Feces contain germs that have been excreted from the body.



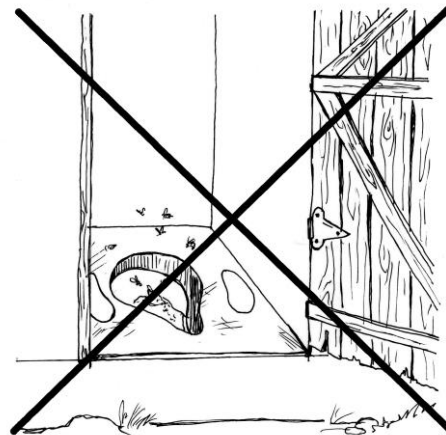
If the child uses a pot, empty the feces into a latrine immediately.



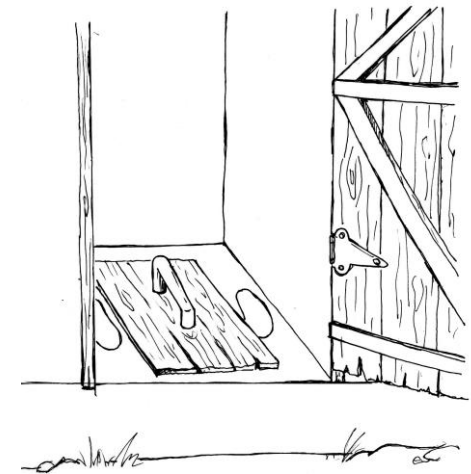
Wash the pot after each use.



Wash your hands and your child's hands with soap and water for 30 seconds.



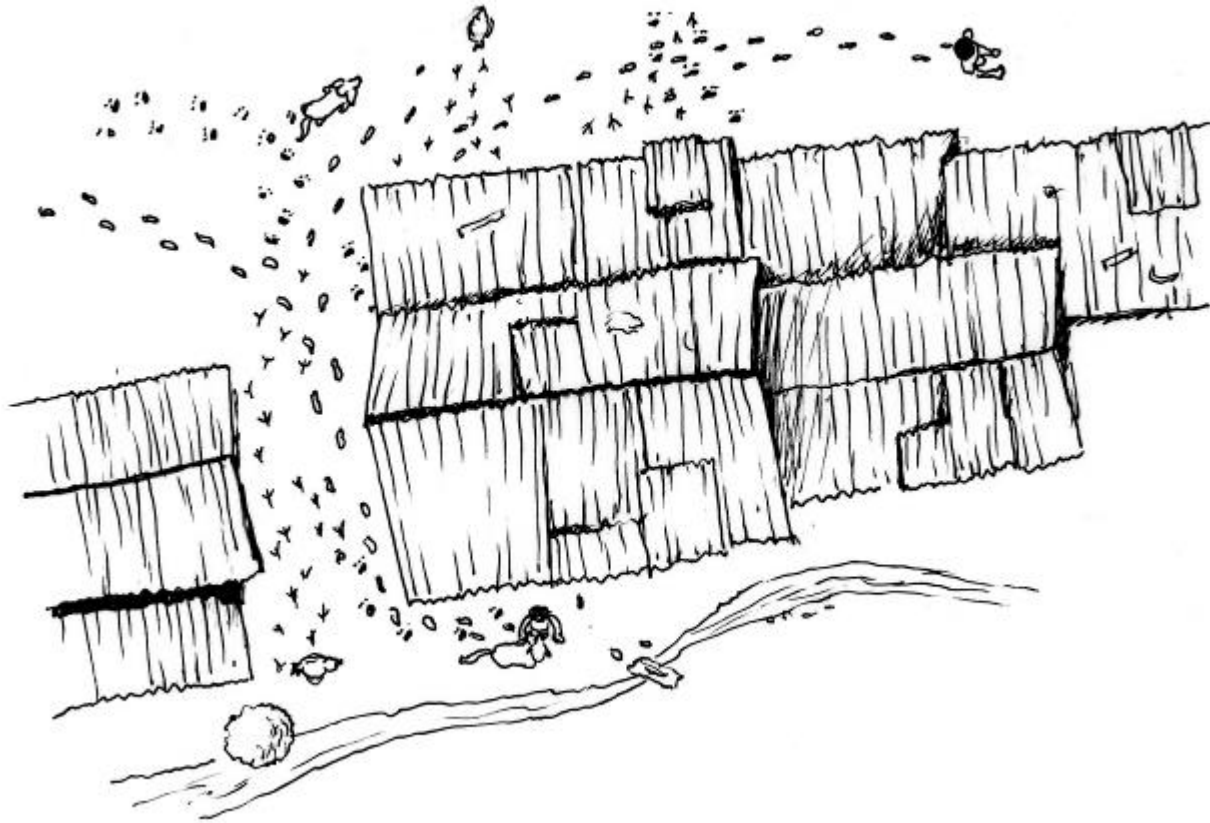
Always keep the latrine opening covered when you are not using it to keep flies out.



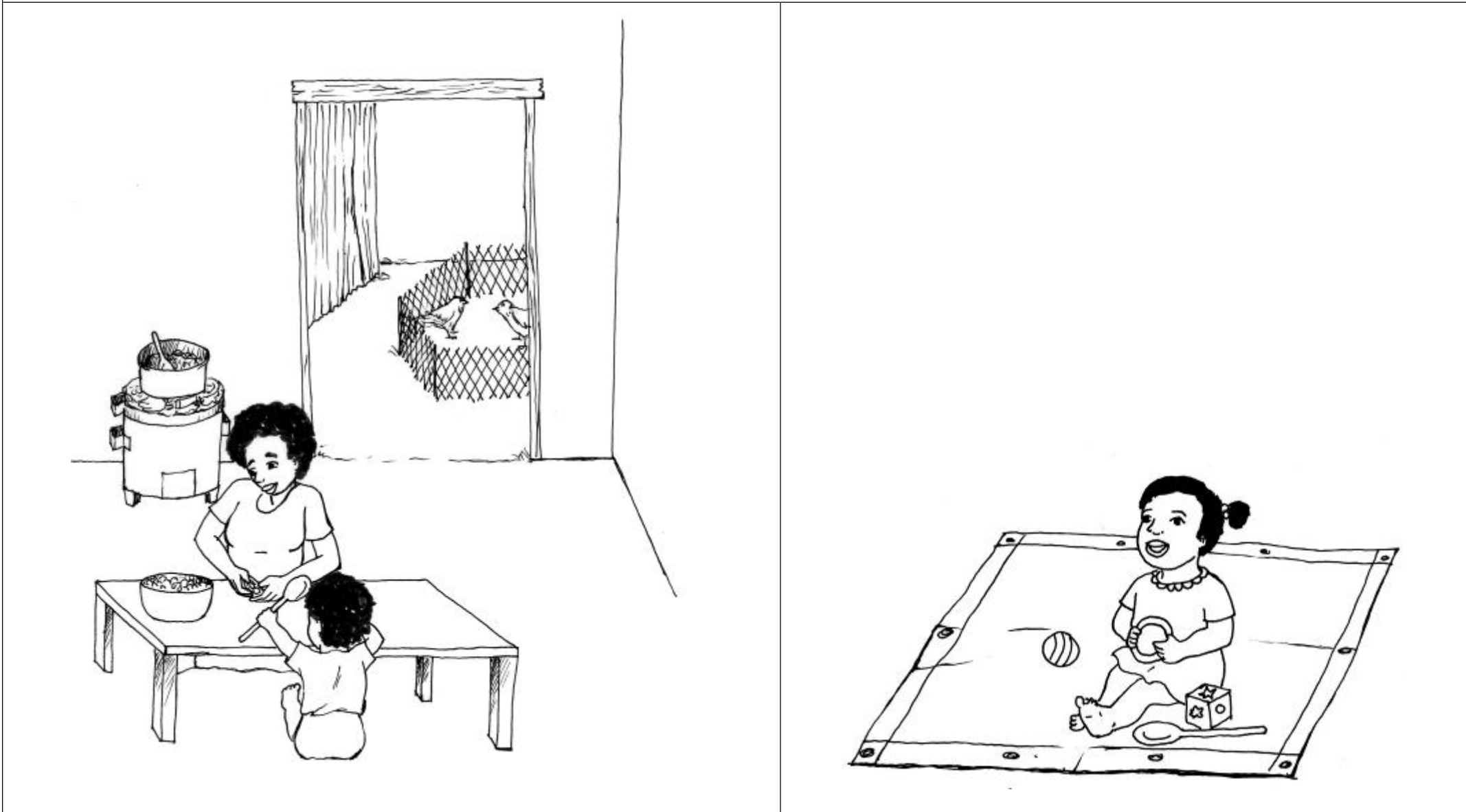
Story: Francis Gets Sick (Picture 6.1)



Traffic of Dirt (Picture 6.2)



Providing a Healthy Play Area (Picture 6.3)



Keeping the Play Area Clean (Picture 6.4)

