

RESILIENCE DESIGN FOR CLIMATE CHANGE

TOOLS TO HELP YOUR PROGRAMS ADAPT AND PROSPER

- ❖ Climate Specific Soil Building & Buffering
- ❖ Regenerative Fertility Creation
- ❖ Water and Nutrient Cycling

*Knowledge Sharing Meeting
Washington, DC , January 2016*



Figure 5.17 Section C-C' Cross section of the Valley Narrows. The section cuts through zone 1, the main pond and the area south of the stream at it's narrowest point. Total section length = 300 meters. Minimum elevation change from high point to low point of section = 23 meters.



Figure 5.18 Section D-D' Cross section of three south facing arroyos along the steep north canyon wall. Taking advantage of positive solar orientation, campsites and main structures are located here. The central and left arroyos contain campsites in mixed food forests while the larger side-canyon on the right shows the gardens, upper swale & dam of the zone 1 area. Total section length = 300 meters. Minimum elevation change from high point to low point of section = 23 meters.



Figure 5.19 Section E-E' Swales appear on contour at intervals greater than 30 meters intercepting surface flow and allowing for the reestablishment of perennial vegetation on the downslope side of swales. Total section length = 300 meters. Elevation change from high point to low point = 34 meters.





What Does Resilience Look Like in the Landscape?



What do you see?



Now over 125 organic items

the fields

YAWE
RUOH AS

1.29

5.99

Climate Change, Agriculture, & Innovation



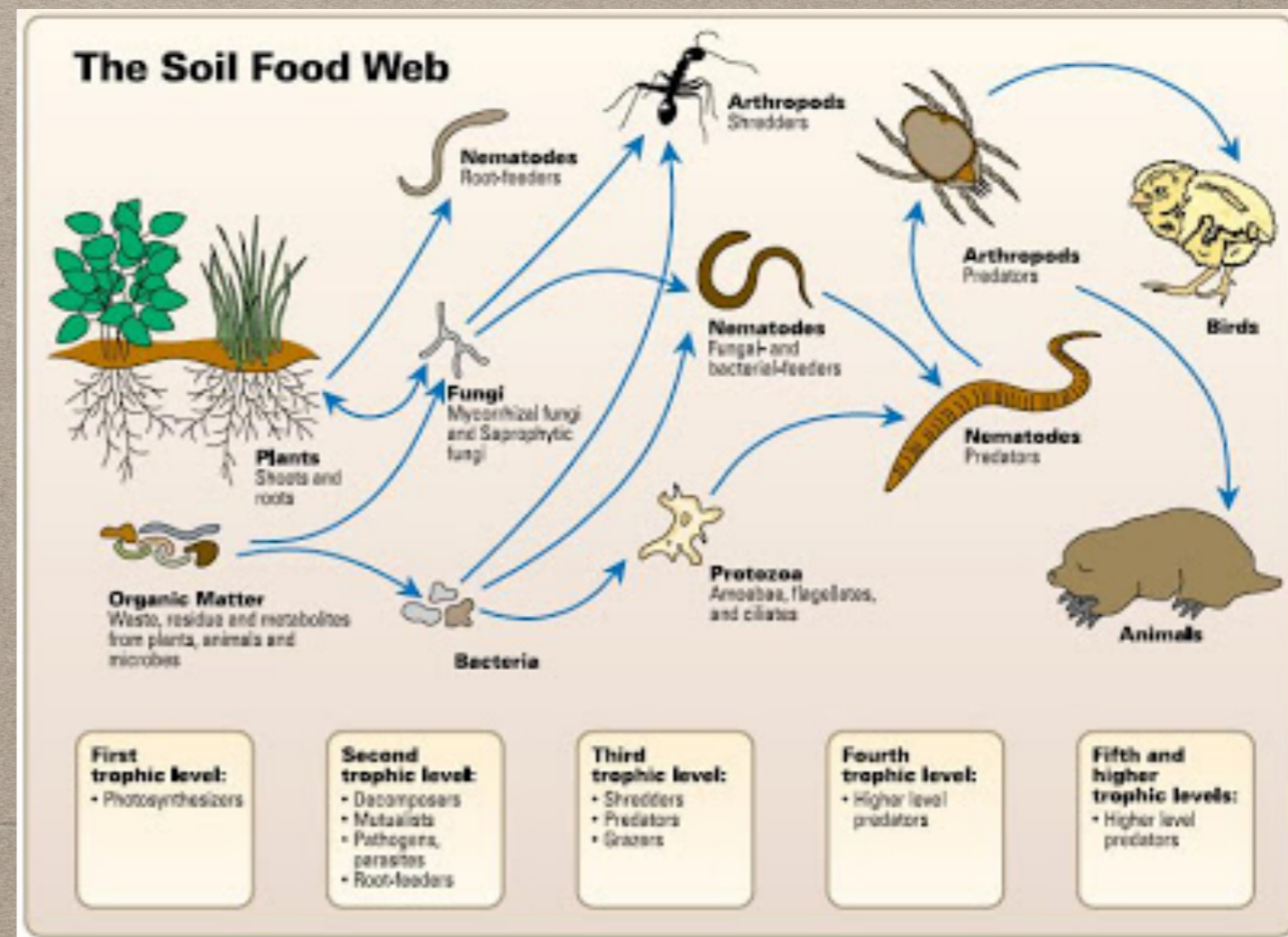


RESILIENCE COMES FROM RELATIONSHIPS

*Whole Systems Integration
for Agroecosystem Health
and Climate Buffering*

The Relationship Between:

- Ecosystem and Economics
- Nutrition and Soil Biology
- Water, Food, & Infrastructure
- Agriculture, Springs and Bore Holes



Population density, soil nutrient depletion, and economic growth in sub-Saharan Africa

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Abstract

Soil nutrient depletion is considered as the biophysical root cause of declining per capita food production in sub-Saharan Africa (SSA). Data from 37 countries in SSA confirm a significant relationship between population pressure, reduced fallow periods and soil nutrient depletion (including erosion), indicating a generally unsustainable dynamism between population, agriculture and environment. It is estimated that nutrient depletion accounts for about 7% of the agricultural share in the average Gross Domestic Product of SSA with national values ranging up to 25%, indicating soil nutrient mining as a significant basis of current economic performance. With respect to

Findings

“Agricultural research and innovation remains important to find together with farmers site-adapted measures for both soil fertility conservation, nutrient replenishment, and yield increase in general. The technologies are in principle known; the task is determining which one fits best into each local context.”

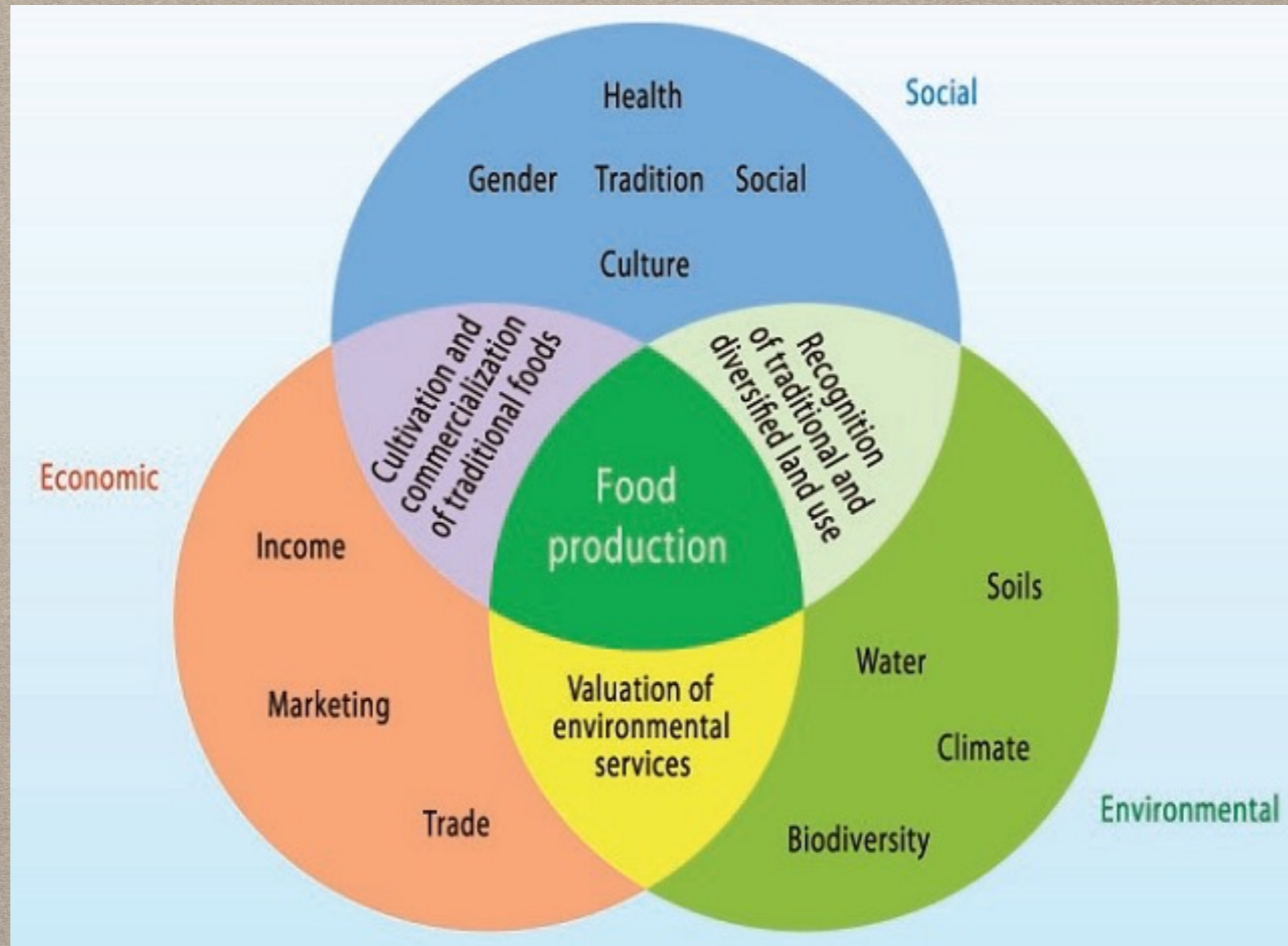


THE MINERAL DEPLETION OF FOODS
AVAILABLE TO US AS A NATION (1940-2000)
A Review of the 6th Edition of McCance and Widdowson's
DAVID THOMAS**
Mineral Exploration, Fellow of the Geological Society, a founder Member of the
of Nutritional Therapists
*A knowledge of the chemical composition of foods is the first essential in the
dietary treatment of disease or in any quantitative study of human nutrition

ABSTRACT

Over the past 60 years there have been fundamental changes in the quality and quantity of food available to us as a nation. The character, growing method, preparation, source and ultimate presentation of basic staples have changed significantly to the extent that trace elements and micronutrient contents have been severely depleted. This trend, established in a review of the 5th Edition of McCance & Widdowson's The Composition of Foods, is still apparent in this review of the 6th edition of the same work. Concurrently there has been a precipitous change towards convenience and pre-prepared foods containing saturated fats, highly processed meats and refined carbohydrates, often devoid of vital micronutrients yet packed with a cocktail of chemical additives including colourings, flavourings and preservatives. It is proposed that these changes are significant contributors to rising levels of diet-induced ill health. Ongoing research clearly demonstrates a significant relationship between deficiencies in micronutrients and physical and mental ill health.

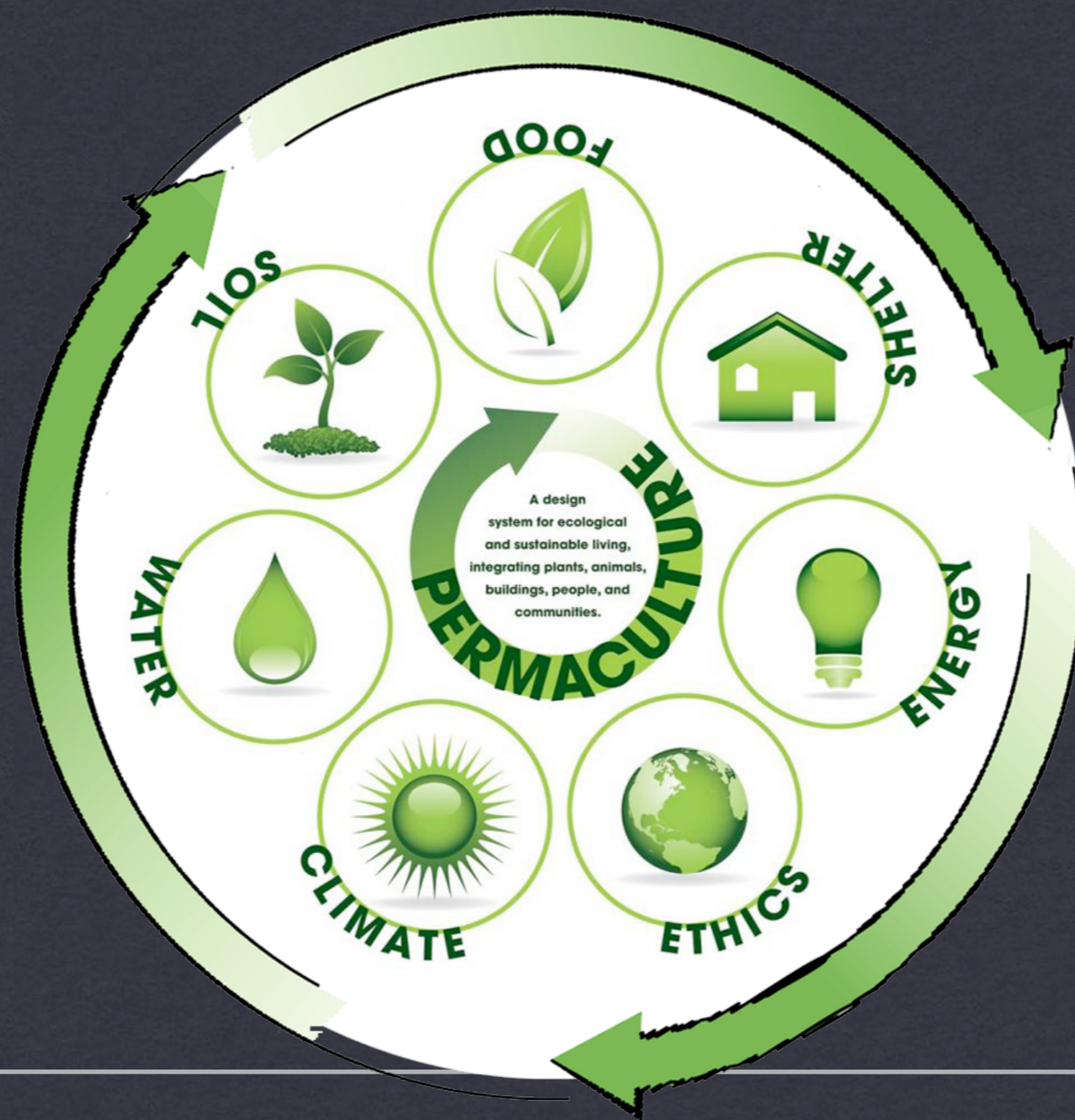
What is an Agroecosystem?



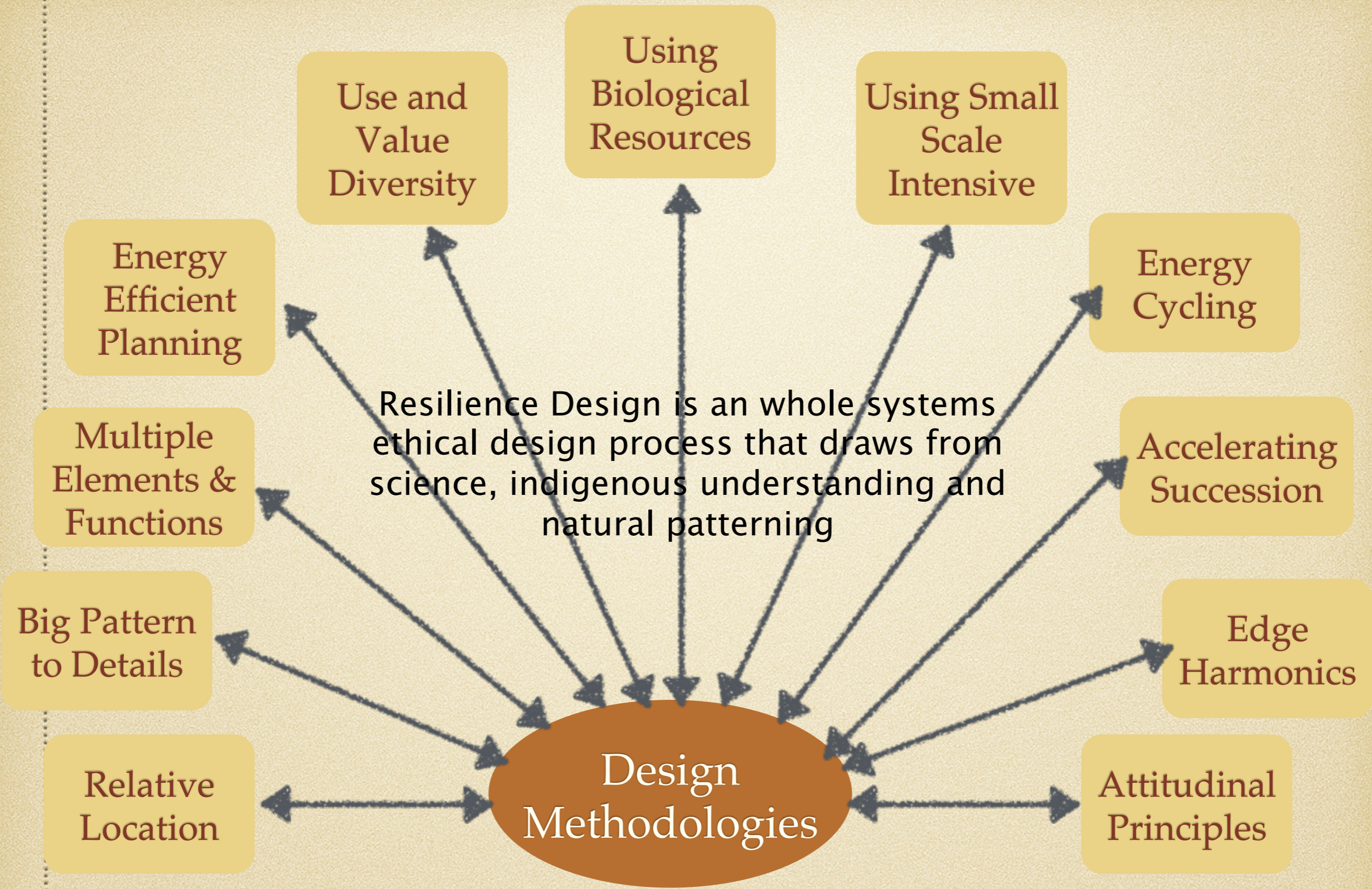
A biological and natural based resource system managed by humans for the primary purpose of producing food as well as other social, cultural and ecological services

Permaculture - Agroecology

An Integrated Design Science



For Agroecosystem Development



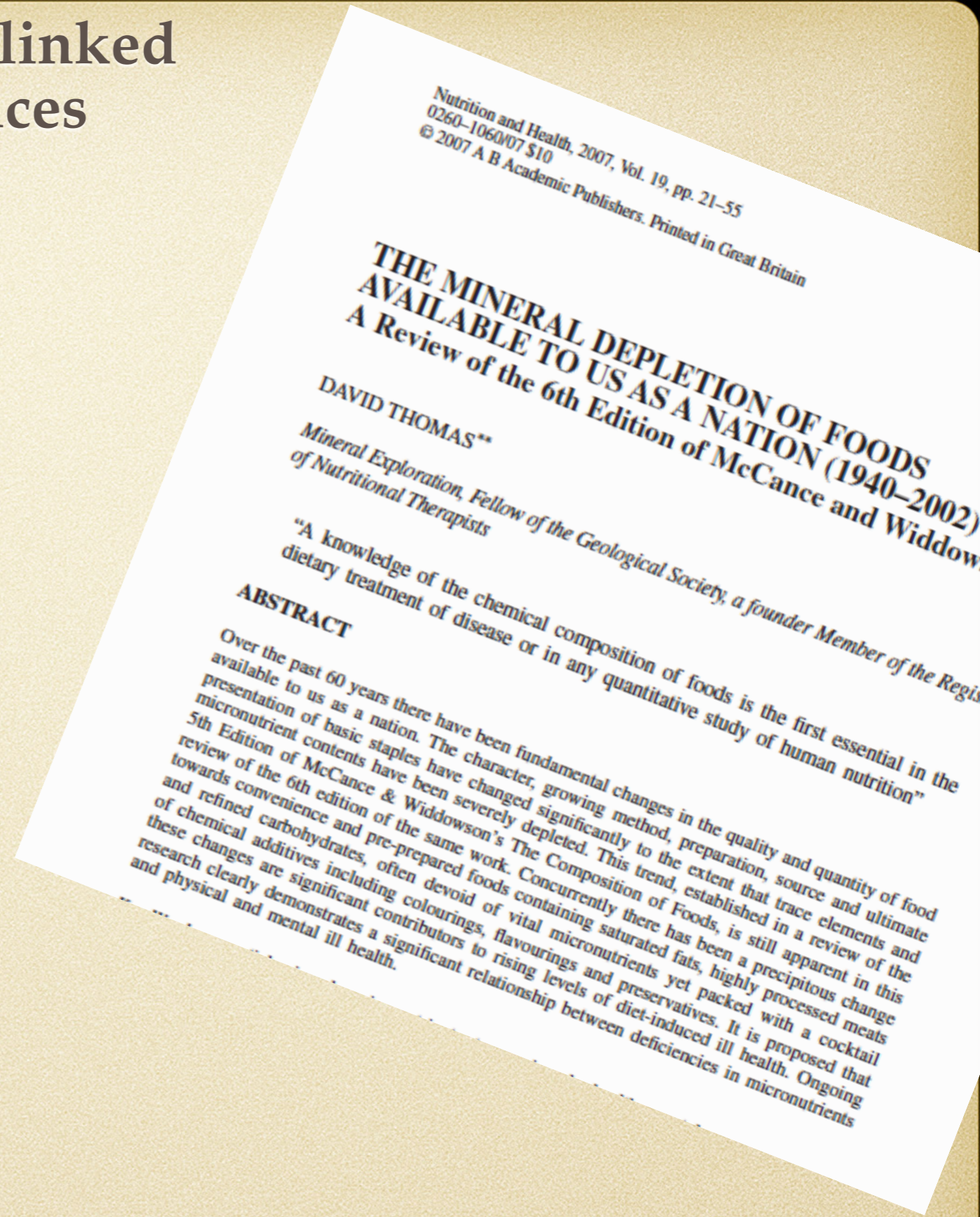
Care of the Earth

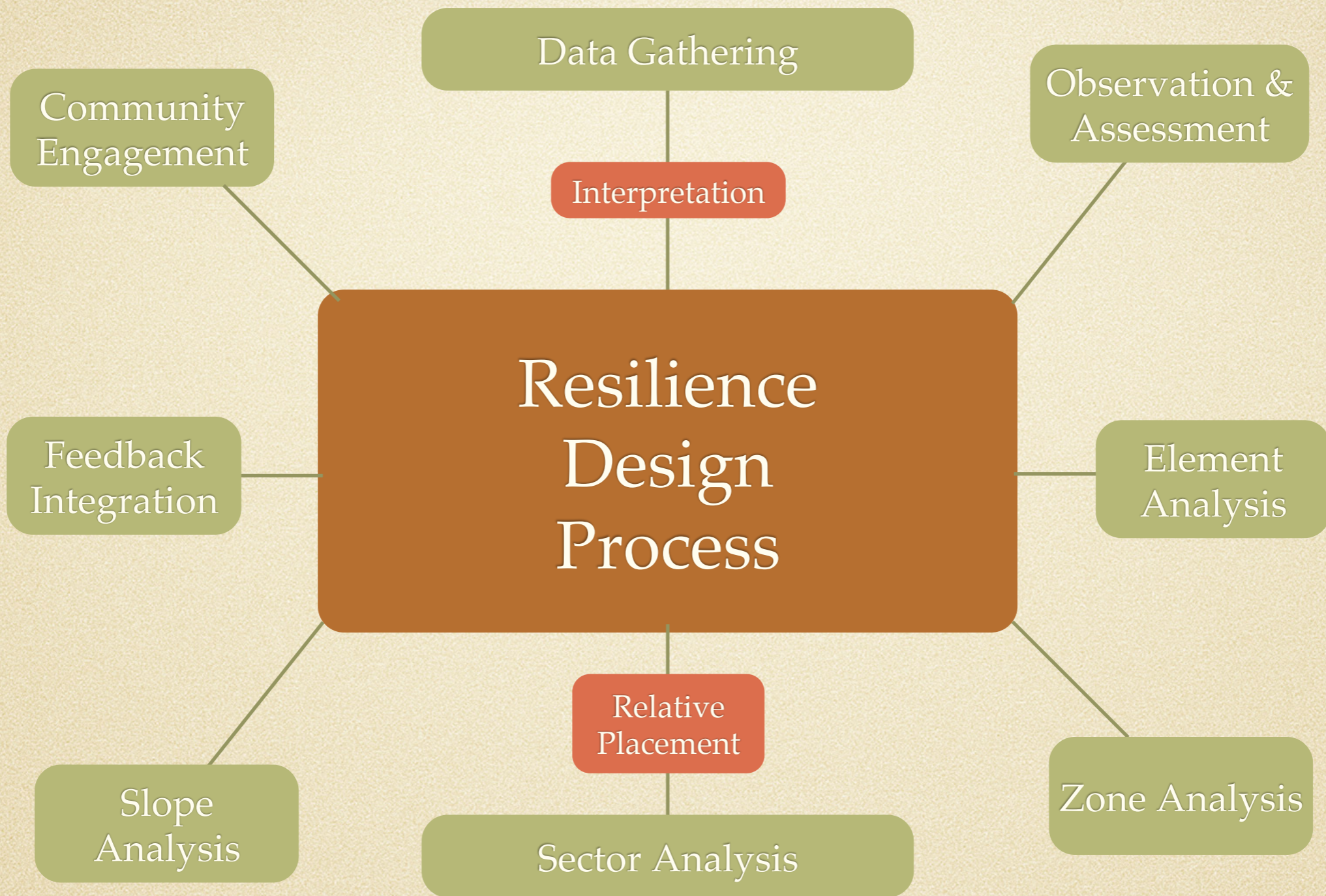
Care of the People

Return of Surplus

Mineral depletion in our Food is linked to industrial agriculture practices

- Increased use of NPK which is micro-nutrient deficient
- Damage of chemical fertilizers to endomycorrhizal fungi
- Lack of organic matter and beneficial soil biology





These methodologies are a **scaleable tool** that is sensibly applied in site specific applications to rural, peri-urban and urban sites of human settlement



Water pH/TDS

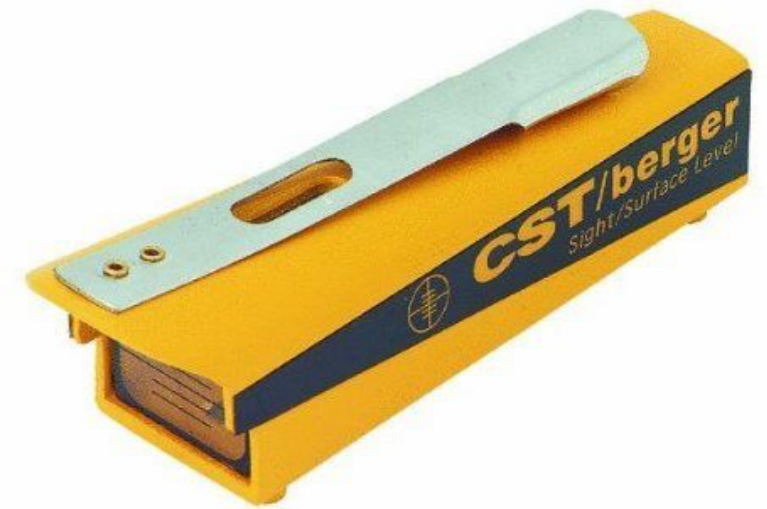
Refractometer



GPS

Physical Tools For Resilience Tracking

Compass



Site-Level

Soil pH Meter



Erosion and Productivity

The productivity of some lands has declined by 50% due to soil erosion and desertification. Yield reduction in Africa due to soil erosion may range from 2 to 40%, with a mean loss of 8.2% for the continent



KEY FACTS

Vertical Farming, Nutrient Dense Foods,
Better Use of Resources

Site Context Specific Design to Slow, Spread and Infiltrate Water and Nutrient; Perennial Fertility

If you get the SOIL BIOLOGY in balance, you don't have to worry about the CHEMISTRY

Monocrop: 10:1 Calories in/out
Biointensive: 1:34 Calories in/out

Fast Carbon Pathways,
Ecosystemic Thinking, Stacking Functions

Soil Structure, Mimicing Nature, Balance of Bacteria / Fungi for healthy soil structure & optimal crop yield

- By 2050, agricultural production must increase by 60 percent globally – and by almost 100 percent in developing countries – in order to meet food demand alone.

- 33 percent of soil is moderately to highly degraded due to erosion, nutrient depletion, acidification, salinization, compaction and chemical pollution.

- A shortage of any one of the 15 nutrients required for plant growth can limit crop yield.

- In most developing countries, there is little room for expansion of arable land: virtually no spare land is available in South Asia and the Near East/North Africa.

- Where land is available, in sub-Saharan Africa and Latin America, more than 70 percent suffers from soil and terrain constraints.

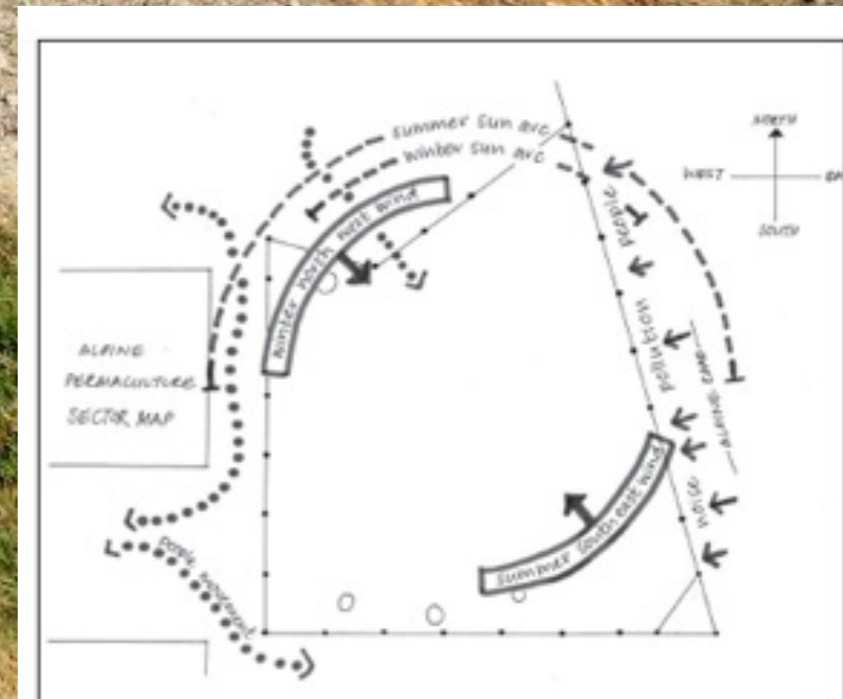
- More efficient use of water, reduced use of pesticides and improvements in soil health can lead to average crop yield increases of 79 percent.

Small Farm Development - Kenya

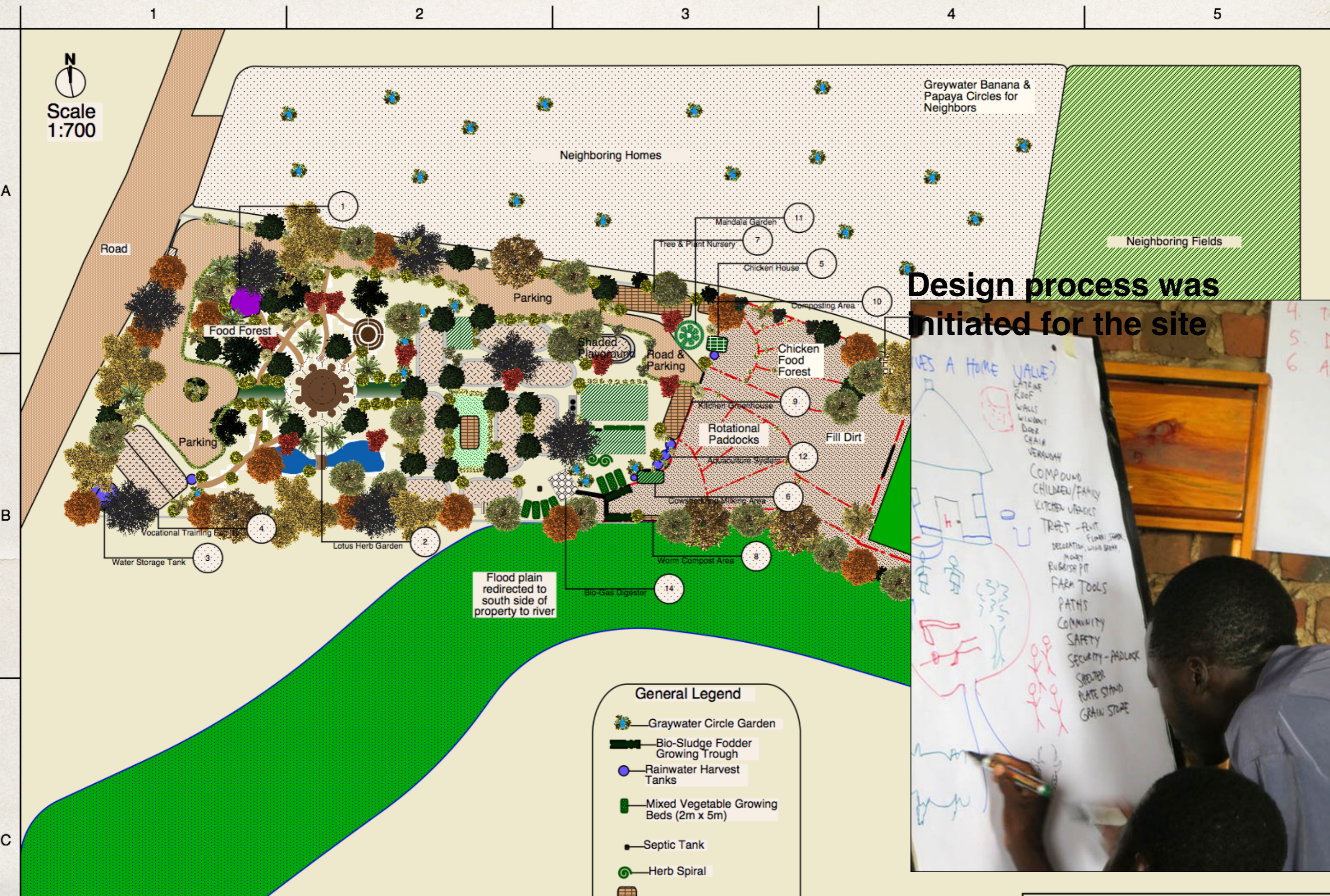


**Former 5 acre dump site
for neighboring high-
density, low-income
community**

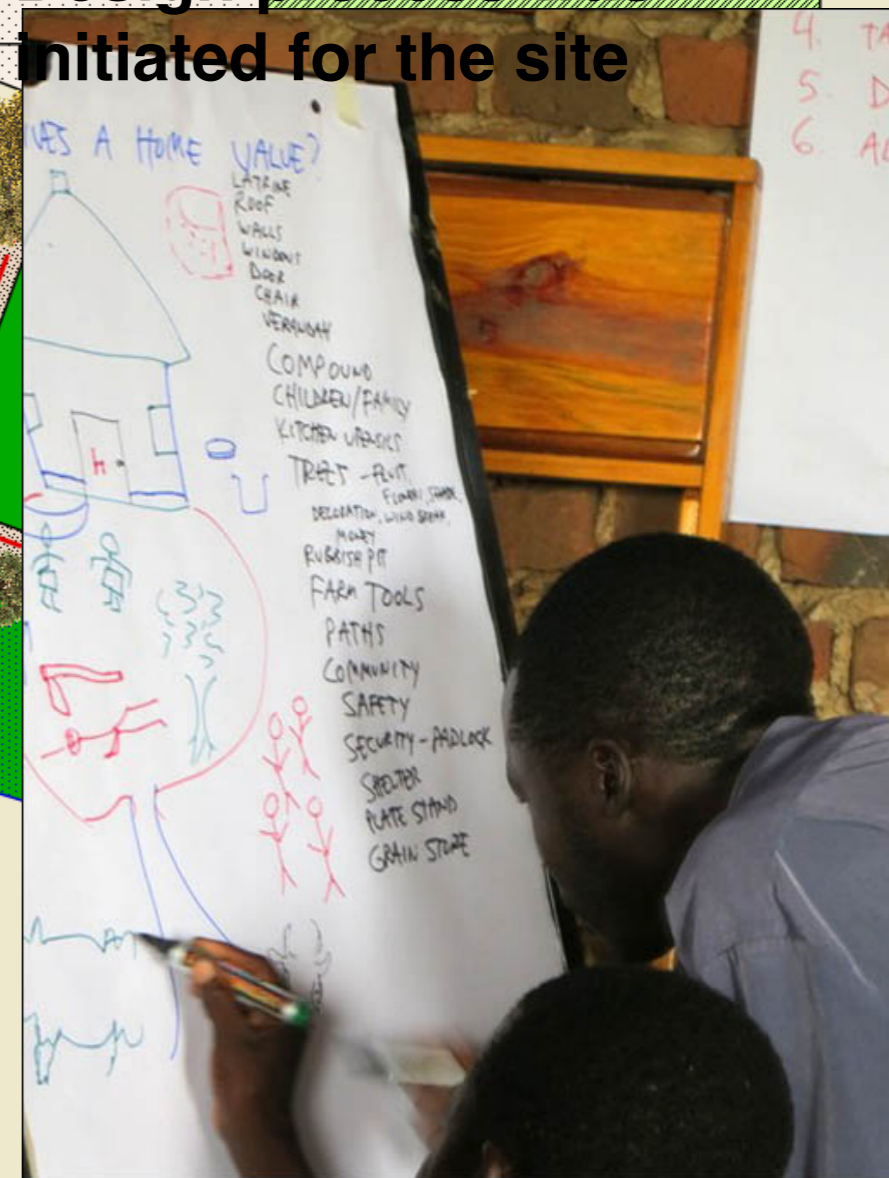
**Poor soil structure and
nutrient profile**

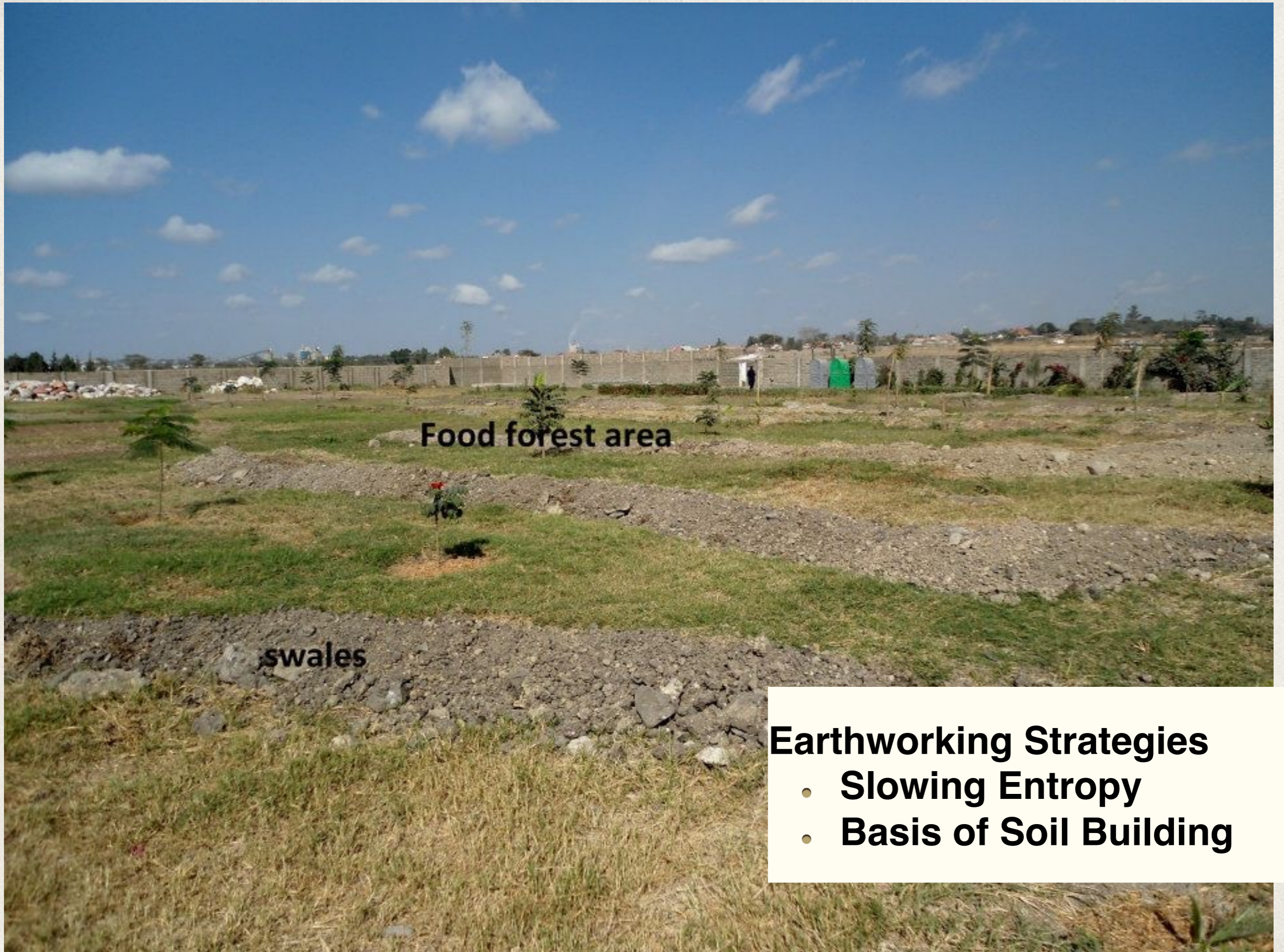


Initial Resilience Design Process



Design process was initiated for the site





Food forest area

swales

Earthworking Strategies

- **Slowing Entropy**
- **Basis of Soil Building**

Benefits of Earth Shaping

-
- **Erosion mitigation**
 - **Water/nutrient harvesting and reticulation**
 - **Micro-climate creation**
 - **Perennial planting structure**
 - **Bore Hole Recharge**



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Alley cropping agroforestry system with perennials and annual production



Nutrition per square meter of planting is nearly 10x that of a mono crop system



Mulches, support species (nutrient fixing, etc.), perennial and annuals, earthworks, and patterning create soil building systems





Animal integration is essential for healthy and effective nutrient cycling.



Resource Identification and
Waste integration using
BIOGAS DIGESTERS



**Three years of soil
building and
growth**



**Practical
Application of
Resilience Design**

USAID - TOPS RESILIENCE DESIGN TRAININGS

- Malawi - Nov 2015/Jan 2016
- Zimbabwe - March 2016
- More to Come...



Thank you

www.quailsprings.org

www.casitasvalley.com

www.permaculturedesign.us

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