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# REAL Short Course in Resilience Measurement

## Recurrent Monitoring Surveys (RMS)

### Agenda

- Introduction
- Presentations
- Q & A

### Presenters



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President  
TANGO International



# Introduction

## THE USAID RESILIENCE MEASUREMENT PRACTICAL GUIDANCE NOTE SERIES



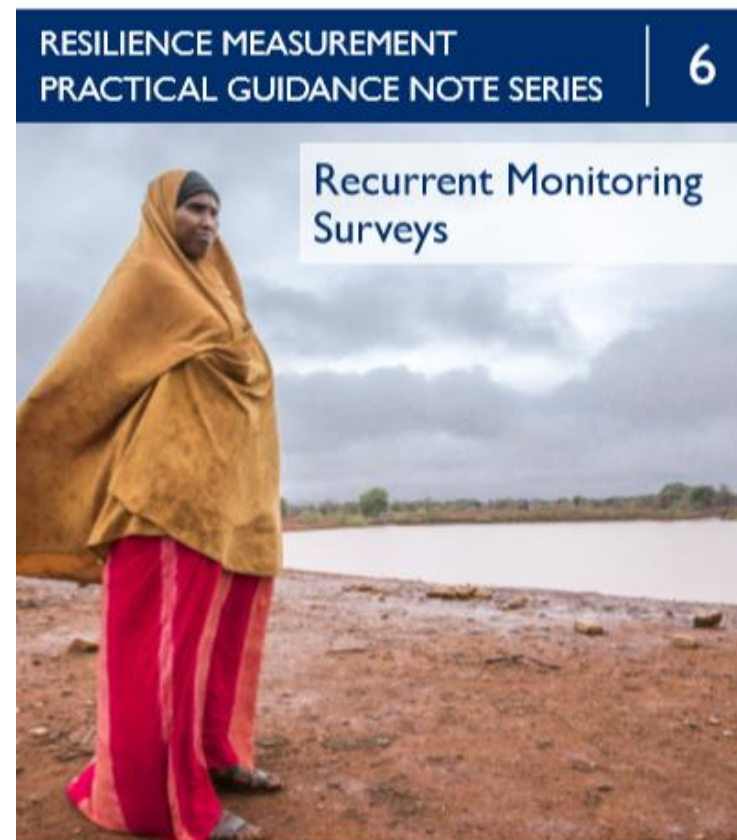
**Lynn Michalopoulos**  
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# Why Guidance Note No. 6

## Recurrent Monitoring Surveys (RMS)

### Why focus on RMS?

- The Ethiopia Pastoralist Area Resilience Improvement and Market Expansion (PRIME) project was one of the first USAID project to test out RMS
- Findings made a large impact on understanding of resilience
- Greater interest in deploying these surveys, but lack of guidance on how





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# REAL Short Course in Resilience Measurement

## Recurrent Monitoring Surveys (RMS)

### Agenda

- Guidance Note 6 Overview
- How MEL Systems can Facilitate an RMS
- Case study – PAHAL (Nepal)

### Presenter



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Regional Resilience Monitoring,  
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**POLL –**

**Have you read this  
guidance note?**

# Guidance Note Overview

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## GN 6 provides practical guidance on:

- Determining whether to deploy an RMS
- Recurrent monitoring models
- Methodological considerations for designing an RMS
- Planning and budgeting for an RMS





## What GN6 covered

- ✓ What an RMS is and how it is different from a typical program monitoring
- ✓ Key considerations for designing and implementing an RMS
- ✓ Multiple country and project contexts of what worked well, what challenges emerged and what solutions were developed

## And what GN6 didn't cover

- ⊘ Step-by-step process or protocol for conducting an RMS
- ⊘ RMS analysis



Photo: Seifu Assegid for Save the Children

# What is *recurrent monitoring* and how is it different than regular monitoring?

## RMS data collection

- Occurs around shocks and stresses
- Triggered by shock or given at certain times of year
- Panel data

## Information needs

- Theory of Change testing
- Evaluate impact of interventions
- Crisis modifier



Photo: Kyle Degraw for Save the Children



# What is the value of an RMS?

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## RMS results provide insights into underlying dynamics and relationships

- Shock exposure, response and wellbeing
- Can complement impact or performance evaluations

## RMSs combined with an impact evaluation

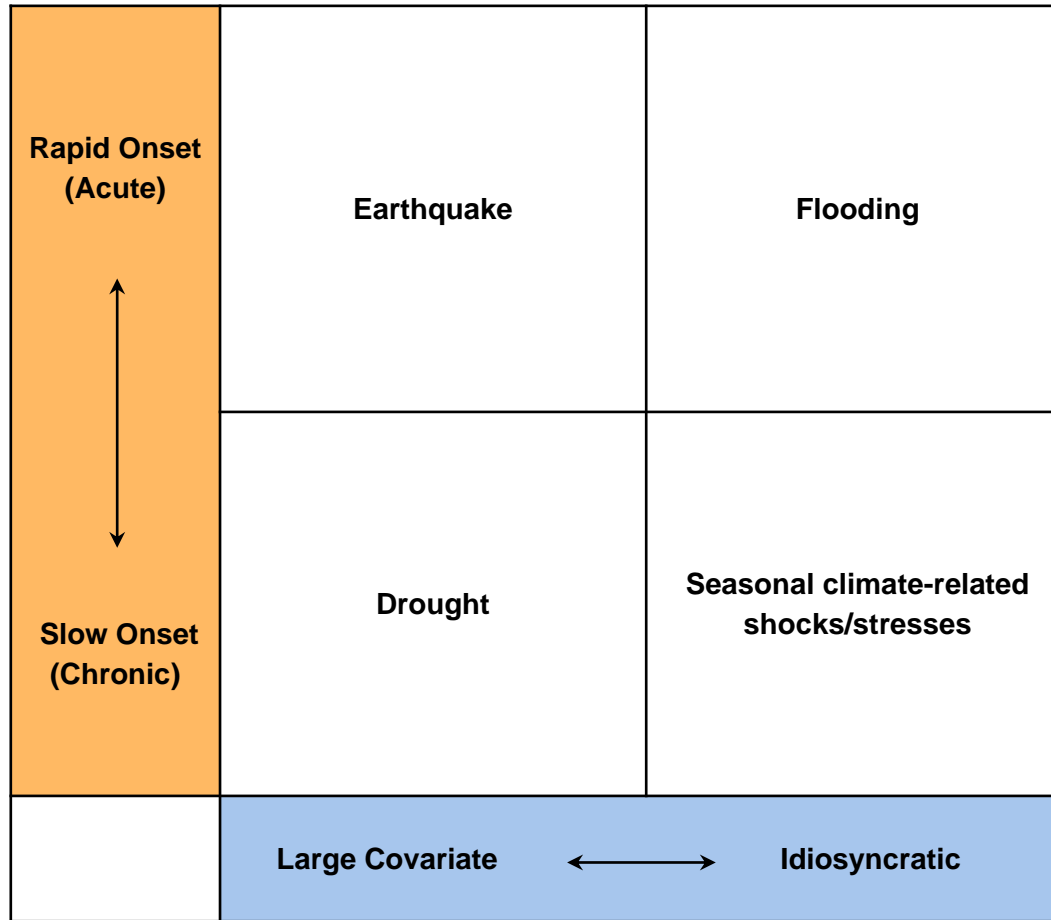
- Detect the differential effects of various combinations or intensities of project interventions

## RMSs can offer an opportunity for adaptive management

- Near real time data to make management decisions

# RMS Models

## Shock and Stress Context



# Model I: Shock/Stress-triggered RMS

## RMS rounds are

**Triggered** when a pre-specified threshold is reached

- shocks identified in advance
- measures of shock/stress exposure and severity exist
- shocks and stresses are routinely monitored

## Application

- Crisis modifier



Photo: Sean Sheridan for Mercy Corps

# Model 2: RMS for seasonal and/or idiosyncratic shocks

## RMS rounds are

- Deployed at regular intervals around **seasonal** shocks and stresses
- Capture **idiosyncratic** circumstances of households

## Application

- Track contribution of activities
- Adaptive management



Photo: Sean Sheridan for Mercy Corps

# Case Study – PAHAL (Nepal)



## Overview

- 5-year, USAID/Food for Peace-funded, Far and Mid-Western states of Nepal
- RMS
  - 3 rounds of **quantitative** data collection (embedded into annual surveys)
  - 3 rounds of **qualitative** data collection (FGDs and a panel of KIIs),
  - **Cost-benefit analysis**
- Post-project evaluation of integrated approach
- Evaluation brief forthcoming (November 2019)



# Case Study – PAHAL (Nepal)

## Integrating RMS into Annual Survey – Success Factors

- Added resilience questions to annual survey
- Shifted to panel data collection
- Leveraged beneficiary data to identify intervention packages
- Evaluated quality of integrated interventions
- Cost-benefit analysis leveraged financial data linked to activities



# Case Study – PAHAL (Nepal)

## Integrating RMS into Annual Survey – Key Findings

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- All combinations of PAHAL interventions strongly related to increased **positive resilience responses**
  - Strongest effect = full integration group
- PAHAL Full Integration households report feeling **less vulnerable** to future shocks
- PAHAL Full Integration households feel more confident that they can **access government services** and are less reliant on them

# Case Study – PAHAL (Nepal)

## Integrating RMS into Annual Survey – Key Findings

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- **Financial Services intervention** = highest returns per dollar spent by the households themselves
- The **Water intervention** = greatest value for its cost for economy in Nepal when considering total investments to achieve these outcomes



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# Thank You

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# REAL Short Course in Resilience Measurement

RMS in the PRIME Project in Ethiopia

## Agenda

- PRIME RMS Introduction and Overview
- PRIME RMS Design and Data Collection
- PRIME Impact Recurrent Monitoring Survey I
- PRIME Impact Recurrent Monitoring Survey II

## Presenter



**Tim Frankenberger**  
President  
TANGO International





# POLL –

1) What kind of context best matches your programming context?

2) Is it suitable for an RMS?

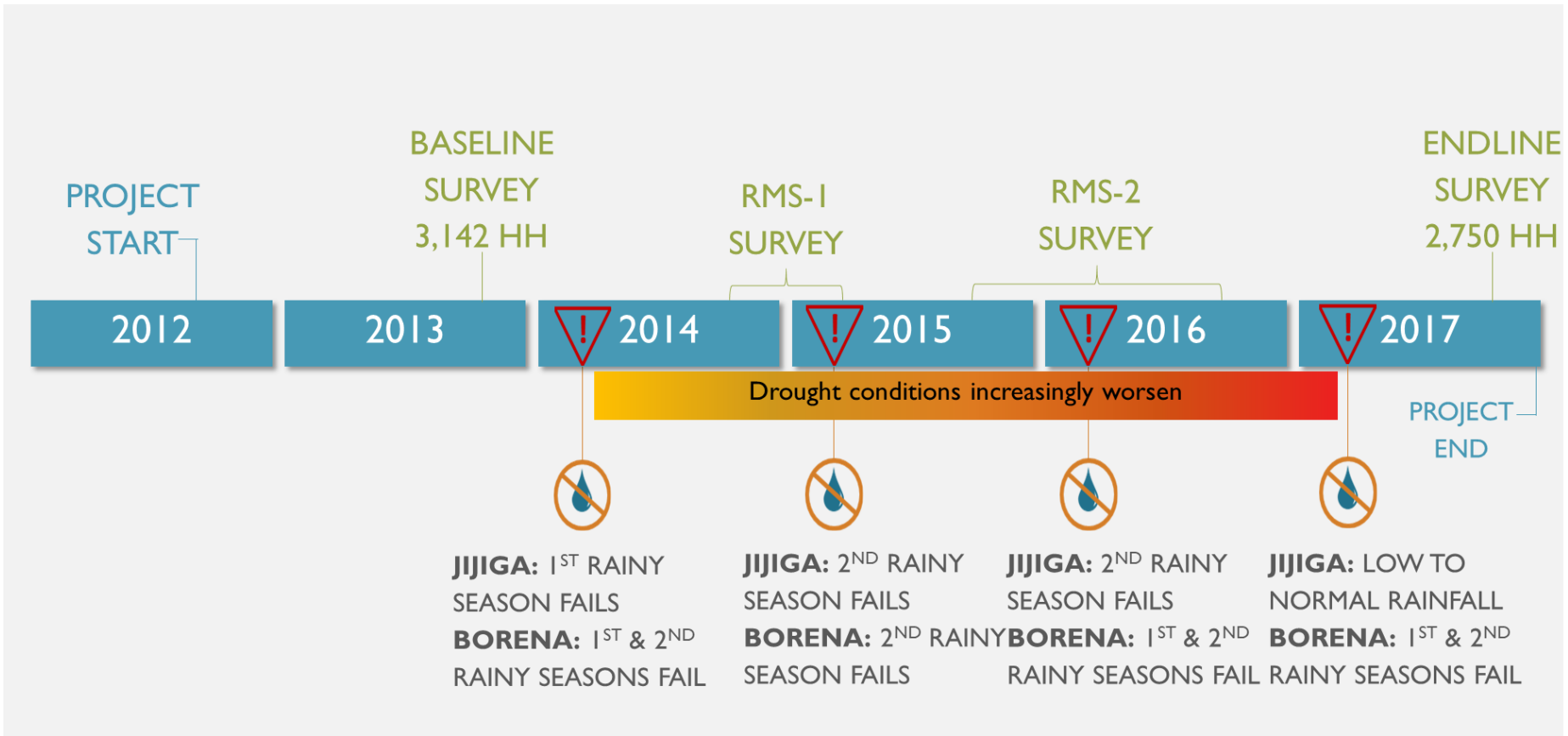
Rapid Onset (Acute)	Earthquake	Flooding
Slow Onset (Chronic)	Drought	Seasonal climate-related shocks/stresses
	Large Covariate	Idiosyncratic

# PRIME RMS Introduction and Overview

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- The RMS was characterized by 3 main features
  - Real-time data collection after a predetermined shock trigger
  - High-frequency, panel data collections of short durations
  - Small sample sizes
- The RMSs did:
  - Inform whether interventions were building resilience
  - Highlighted optimal times to launch early action responses, crisis modifiers, and other shock responsive actions
- The RMS was not a substitute for baseline, interim, and endline designs
- The RMS was a complement to this design

# PRIME Timeline



# PRIME RMS Design and Data Collection

- Once trigger indicators confirmed that a shock had occurred, RMS data collection began
- The RMS research design used mixed methods:
  - **Quantitative data and community qualitative surveys**
  - **Quantitative survey:** Panel subsample was drawn from the baseline sample to monitor a small number of households (400) at regular intervals



Photo: Sean Sheridan for Mercy Corps

# PRIME RMS Design and Data Collection

- **Repeat panel data** collected over time captured real-time impacts, changes in how people coped after a shock, and rate of recovery
- **Questionnaires** were short (15-20 mins) and focused on questions about shocks exposure, resilience capacities, coping strategies, and well-being outcomes.
  - Included indicators that are sensitive to rapid change (i.e., fast variables)
- **Qualitative data** (e.g., from FGDs and KIs) helped contextualize quantitative indicators and illustrate local concepts of resilience



Photo: Seifu Assegid for Save the Children



# PRIME Impact Recurrent Monitoring Survey I

- Which resilience capacities enabled households to recover from the drought?

- **Growth Regressions:**
  - Household and community resilience capacities predicting the change in food security outcomes over time.
  - Models controlled for shock exposure, initial food security levels, and household characteristics
- **Positive Deviant (PD) Analyses:**
  - Analyses of the groups of households that fared far better than average over the course of the drought waves.



Photo: Seifu Assegid for Save the Children

# PRIME Impact Recurrent Monitoring Survey I

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- **Identification of programmatic areas of focus to increase households' resilience to future droughts**
- Timely humanitarian assistance (food aid, food/cash-for-work, hazard insurance)
- For enhancing household resilience, the RMS indicated that programming should focus on:
  - Building social capital
  - Supporting informal safety nets and community groups (especially civic groups and natural resource management groups)
  - Maintaining and enhancing households' asset bases
  - Ensuring access to savings and credit
  - Increasing access to communal natural resources

# PRIME Impact Recurrent Monitoring Survey II

- Data collection for RMS II was conducted over one year's time in 6 rounds (every 2 months) beginning in October 2015.
- Period of highly erratic rainfall (El Nino) and considered worst drought in 50 years. Shock exposure measured using satellite rainfall data.
- Data collection allowed for real-time monitoring of households' ability to cope and analysis inferring if PRIME interventions had helped households better manage the drought.



Photo: Kyle Degraw for Save the Children



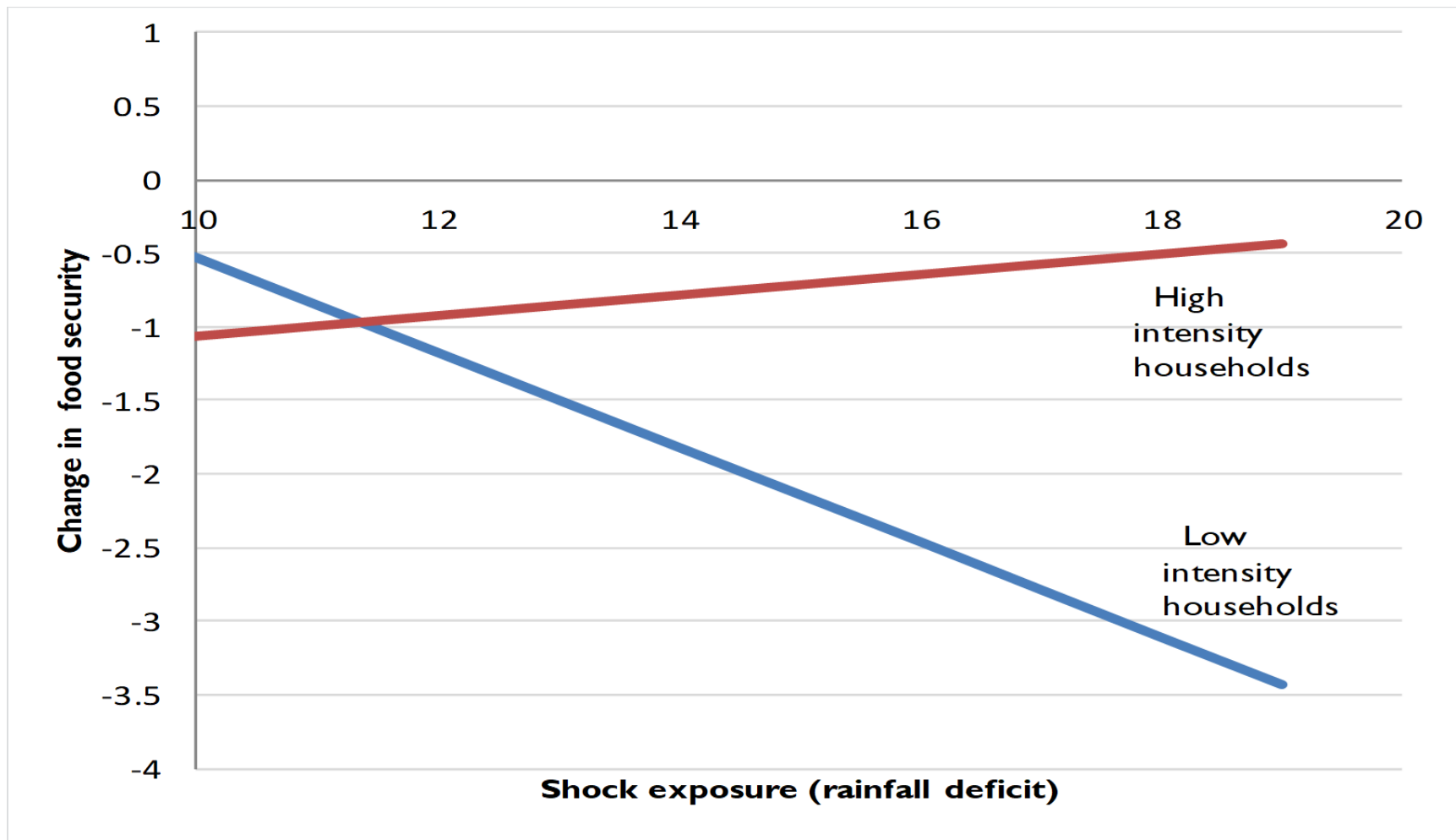
# PRIME Impact Recurrent Monitoring Survey II

- Data collected from random sample of 400 households from the baseline (panel data).
- 40% residing in project villages receiving comprehensive resilience programming and 60% of whom do not.
- The regression analysis controlled for factors that might have affected household food security other than exposure to PRIME interventions.
- The results indicate that there was a strong statistically significant difference in the relationship between shock exposure and food security between the treatment and control group.

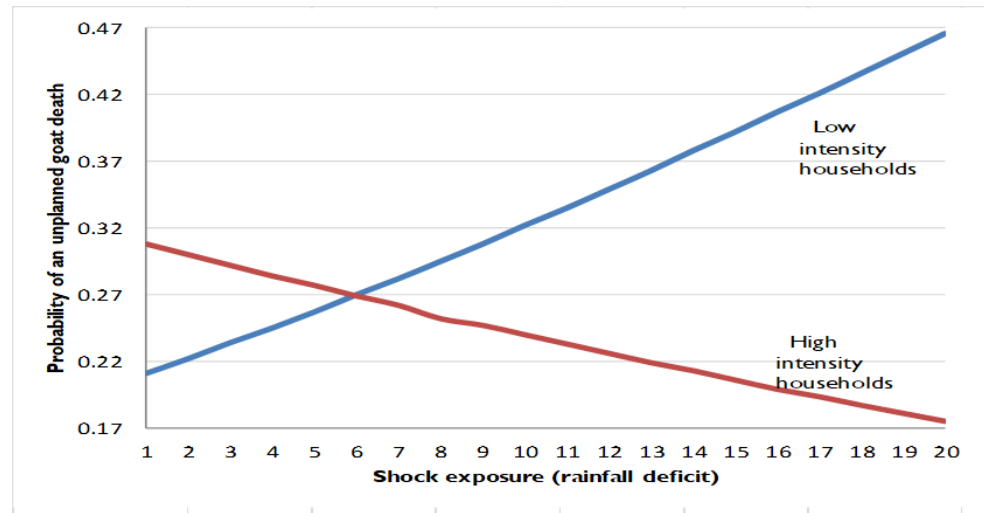
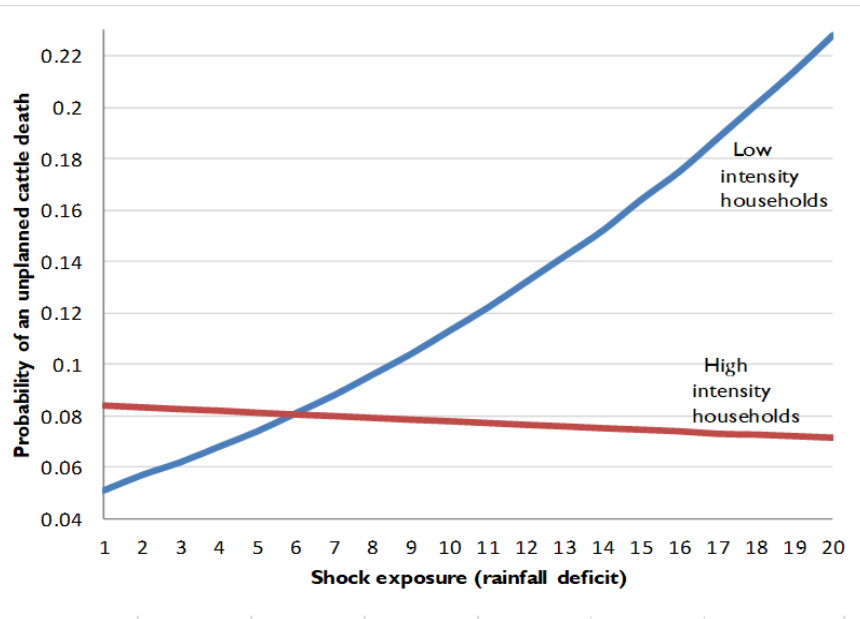


Photo: Kyle Degraw for Save the Children

# Estimated recovery trajectory as shock exposure increases for low and high intensity households



# PRIME Impact Recurrent Monitoring Survey II



Predicted probability of unplanned cattle, and goat deaths as shock exposure increases for low- and high-intensity PRIME project households





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# Thank You

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# REAL Short Course in Resilience Measurement

## RMS in the SHOUHARDO III Project in Bangladesh

### Agenda

- SHOUHARDO III RMS
- SHOUHARDO III RMS Objectives
- Survey design
- Trends of outcome indicators, by beneficiary category and survey rounds
- Resilience Capacities
- Improved agriculture practices and earnings from production

### Presenter



**Tim Frankenberger**  
President  
TANGO International



# SHOUHARDO III RMS

- CARE undertook a longitudinal study of project beneficiaries.
- This study formed part of the overall project M&E system.
- The purpose was to provide real-time information about uptake of project activities, how they affect household resilience capacities and food security outcomes.



Photo: CJ Clarke for Save the Children

# SHOUHARDO III RMS Objectives

- Measure how program interventions are **effectively contributing to the resilience capacities**, and **inform program decisions** on how to adjust interventions accordingly.
- Increase understanding of which resilience capacities, in what form and where, have the **greatest ability to help households mitigate shocks and stresses** and achieve greater food security.
- Track the **rate** at which beneficiaries **adopt changes in practices** promoted by the project over time.



Photo: SC US



# SHOUHARDO III RMS Objectives

- Capture reasons for why recommended practices may not be adopted by beneficiaries.
- Identify areas where change strategies may be required to enhance the rate of adoption of new practices by beneficiaries.
- Measure changes in women's empowerment, to measure the extent to which this factor affects:
  - Adoption of practices supported by the project
  - Household resilience capacities
  - household livelihood and food security outcomes and recovery from shocks



Photo: SC US

# Survey design

- 680 beneficiary households were selected randomly from SHOUHARDO III MIS database during the baseline and then were followed up every six months for three years.
- The panel sample of households was selected from the two major sampling frames of registered agriculture (including on-farm IGA) and nutrition beneficiaries.
- The baseline of the panel survey took place in July 2017. There were then four rounds of follow-up monitoring of the households, conducted on 6-month intervals (January '18, July '18, and January '19) and the end line in July 2019.

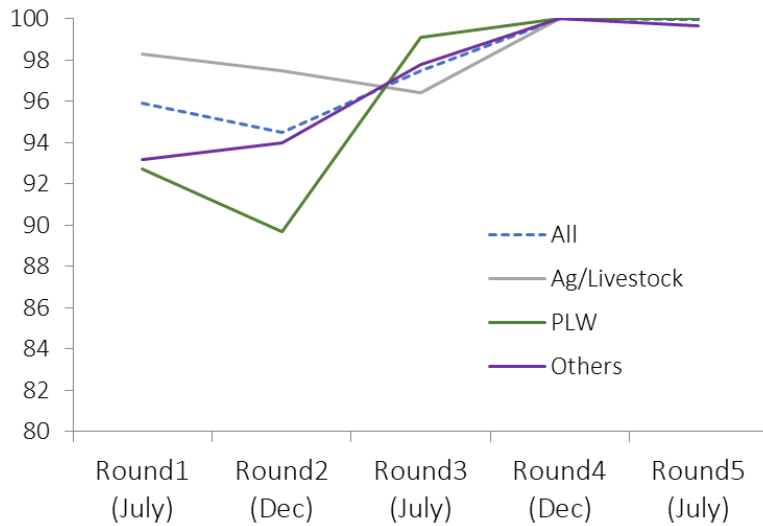


Photo: CJ Clarke for Save the Children

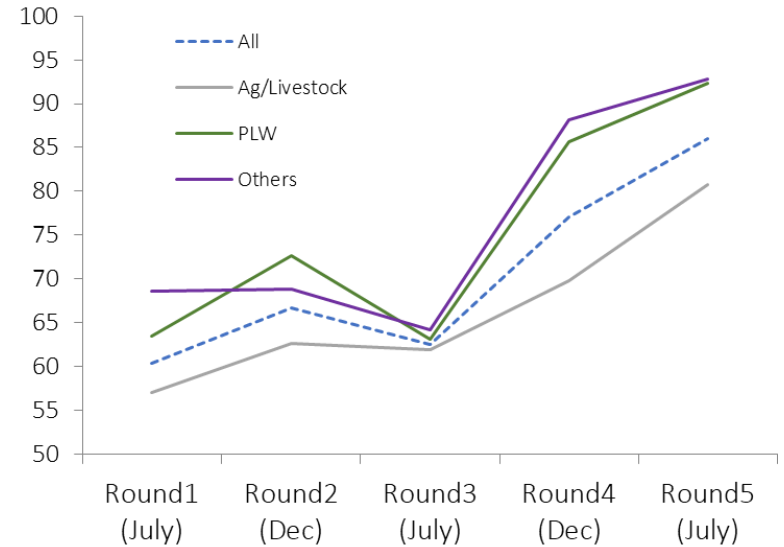


# Trends of outcome indicators, by beneficiary category and survey rounds

Household Hunger Scale: Percentage of HHs with No/Little Hunger

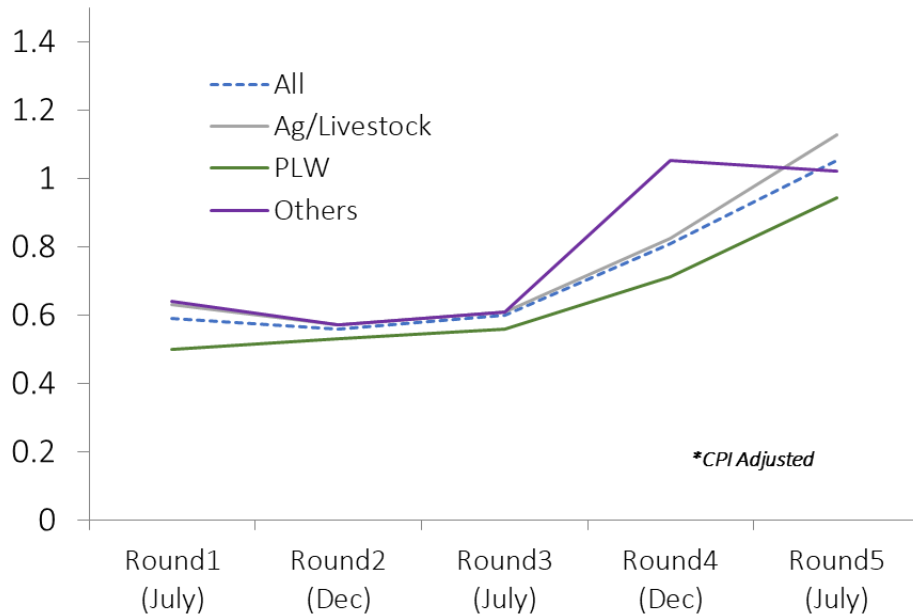


Household Diet Diversity: Percentage of HHs with 6 or more food groups

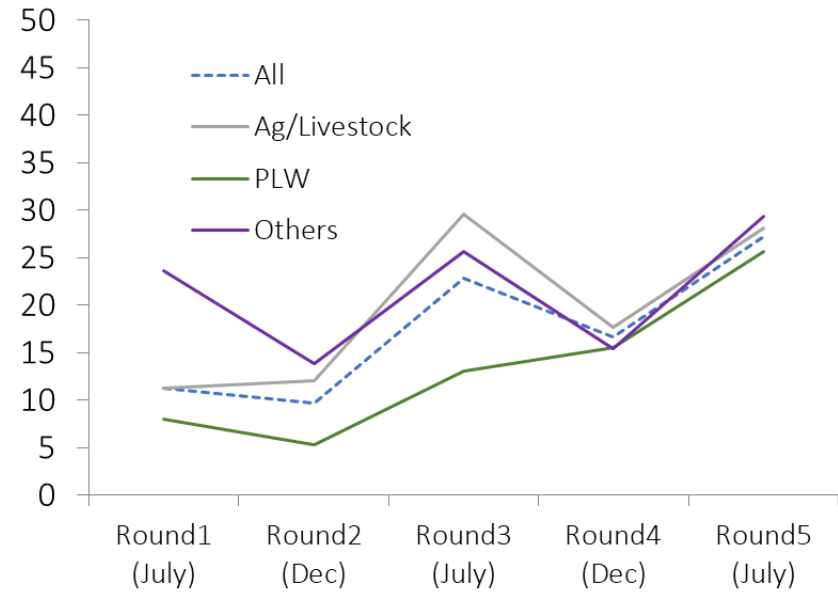


# Trends of outcome indicators, by beneficiary category and survey rounds

Income: Daily Per Capita Income (USD\*)

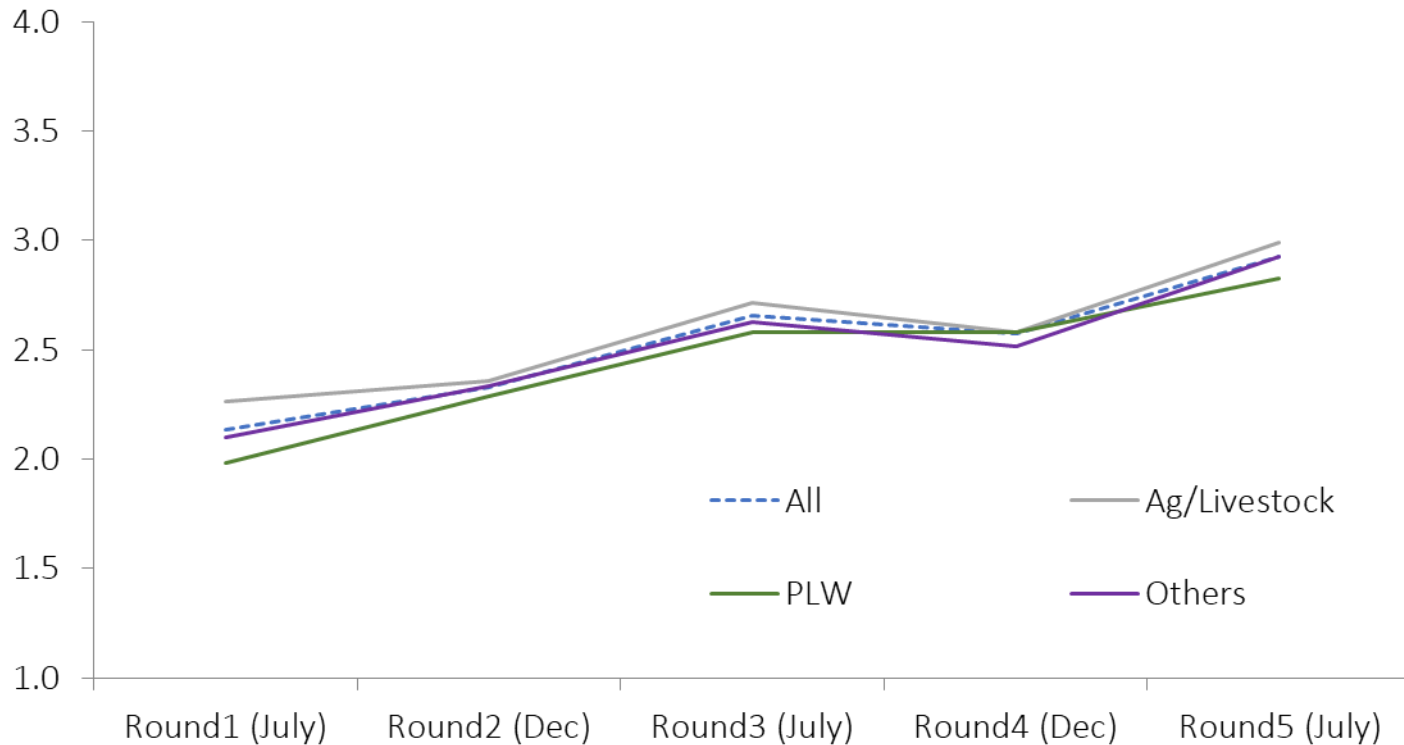


Percentage of women earning income



# Trends of outcome indicators, by beneficiary category and survey rounds

## Women Decision making index



# Resilience Capacities

## Absorptive

- ★ Humanitarian assistance
- ★ Social capital (bonding)
  - ★ Asset ownership
  - ★ Informal safety nets
  - ★ Cash savings
- ★ Disaster preparedness and response

## Adaptive

- ★ Social capital (bridging, linking)
- ★ Exposure to/use of information
  - ★ Livelihood diversity
  - ★ Asset ownership
  - ★ Access to credit
  - ★ Human capital

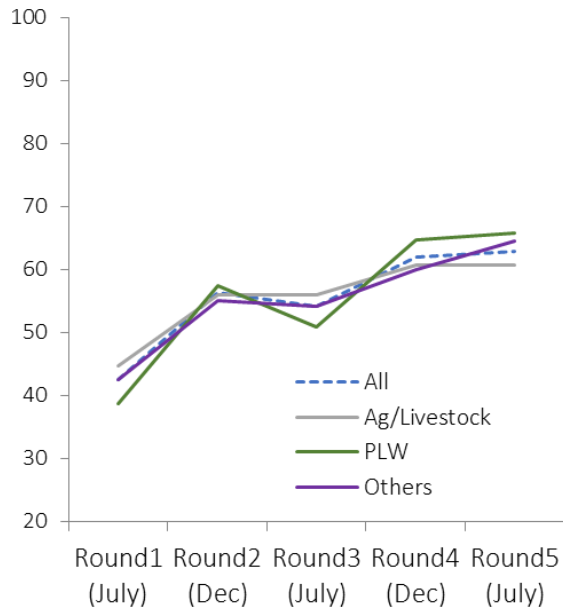
## Transformative

- ★ Local government responsiveness
- ★ Social capital (bridging, linking)
  - ★ Availability of basic services
  - ★ Formal safety nets
  - ★ Collective action
  - ★ Social cohesion
  - ★ Gender norms

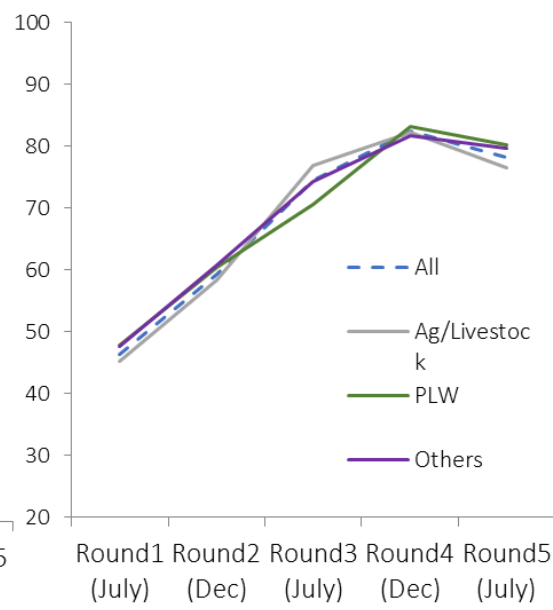


# Trends of outcome indicators, by beneficiary category and survey rounds

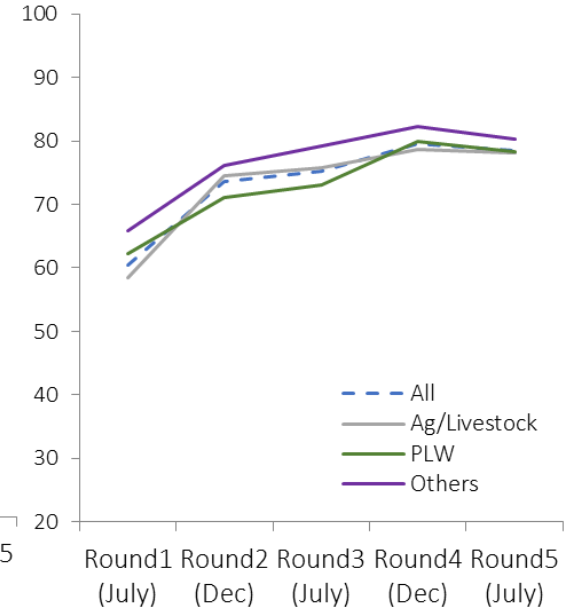
## Absorptive Capacity



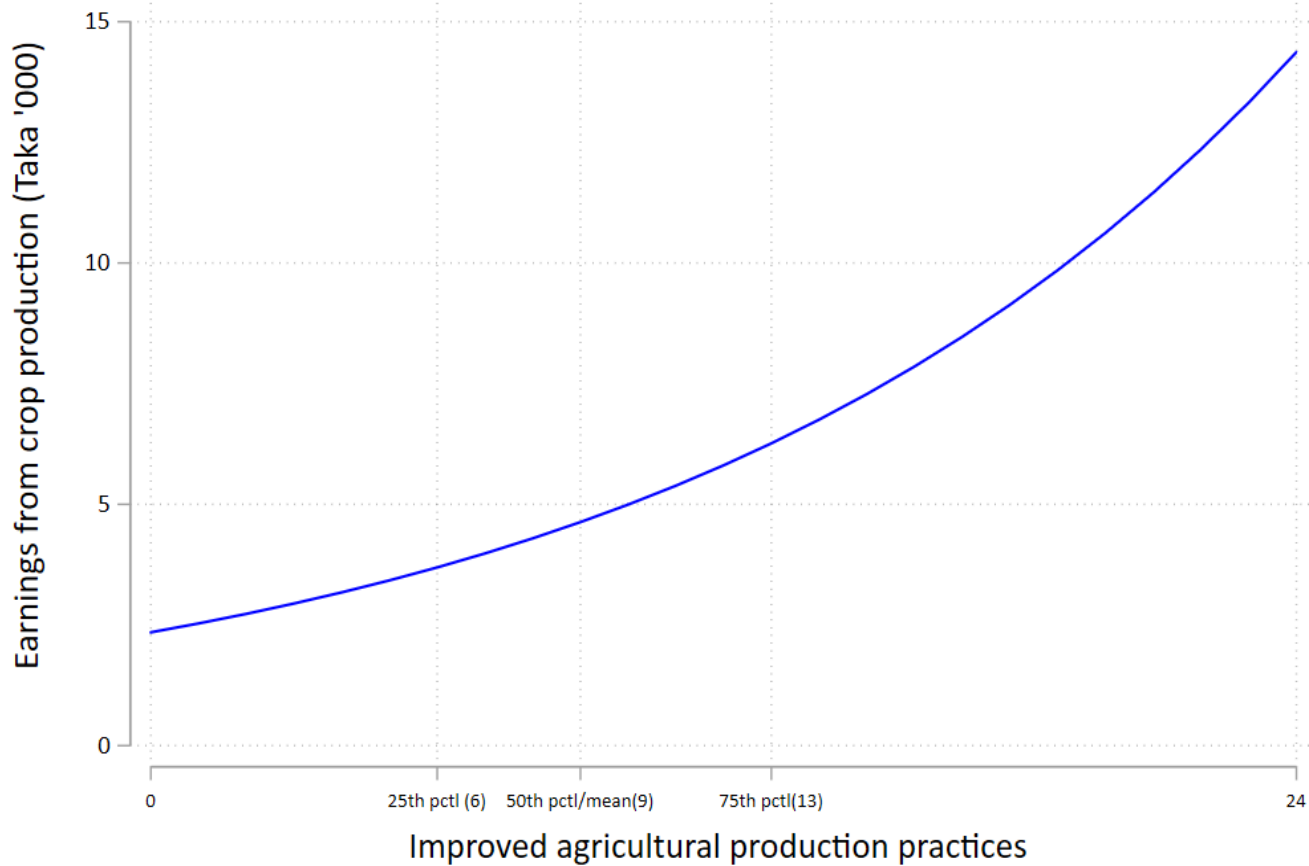
## Adaptive Capacity



## Transformative Capacity



# Improved agriculture practices and earnings from production







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**Q & A**

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