Group: ❑ Doer ❑ Non-doer

**Barrier Analysis Questionnaire on**

**Complementary Feeding/Food Density**

**for use with Mothers of Children 6 – 12 months**

**Behavior Statement**

Mothers of children ages 6 – 12 months feed them meals each day

the consistency of thick porridge.

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire No.: \_\_\_\_\_\_Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into child feeding practices. Before I continue I would like to know --how old is your youngest child? The study includes a discussion of this issue and will take about 15 - 20 minutes. I would like to hear your views on this topic. Would you be willing to talk with me? You are not obliged to participate in the study and no services will be withheld if you decide not to. Also, if you decide to participate you won’t receive any compensation, gifts or services. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [ If not, thank them for their time.]

**Section A - Doer/Non-doer Screening Questions**

1. How old is your youngest child?\_\_\_\_\_\_\_\_\_\_\_\_\_(🡨 write the age in months here)

❑ a. 6 months - 12 months

❑ b. younger than 6 months🡪  *End interview and look for another mother*

❑ c. Older than 12 months 🡪 *End interview and look for another mother*

❑ d. Don’t Know / Won’t say *🡪 End interview and look for another mother*

2. Has your baby begun to eat foods in addition to breast milk?

❑ a. Yes

❑ b. No 🡪 *End interview and look for another respondent*

3. I would like you to remember how the food you gave your baby looked. Now I would like you to look at these pictures and tell me which picture looks like the food you gave your baby. .

[Show the mother two pictures: one where the food is just rolling off the spoon because it is thicker, and one that shows food flowing off a spoon in a constant stream (liquid-like)

❑ a. Picture 1 – thicker consistency 🡪 Mark as Doer and continue to Section B

❑ b. Picture 2 - Too thin/watery consistency🡪 *Mark as Non-doer and continue to section B*

❑ c. Neither 🡪 *End the interview and look for another respondent*

**DOER /NON-DOER CLASSIFICATION TABLE**

|  |  |  |
| --- | --- | --- |
| **DOER**  (all of the following) | **Non-Doer**  (any ONE of the following) | **Do Not Interview**  (any ONE of the following) |
| Question 1 = a |  | Question 1 = b, c or d |
| Question 2 = a | Question 2 = b |  |
| Question 3 = a | Question 3 = b | Question 3 = c |

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**Behavior Explanation**

***(Show the mother the picture of the thicker porridge.)***

*In the**following questions I am going to be talking about “porridge that is thick like this”. When I say this I am talking about foods that have this consistency/are thick like what you see in this picture. (Point to the picture)*

**Section B – Research Questions**

*(Perceived Positive Consequences)*

**1a. *Doers:*** *What are the* ***advantages*** *of feeding your baby a porridge that is thick like this?*

**1b. *Non-doers:*** *What would be the* ***advantages*** *of feeding your baby a porridge that is thick like this?*

***(****Write all responses below. Probe with “What else?”)*

*(Perceived Negative Consequences)*

**2a.** ***Doers:*** What are the **disadvantages** of feeding your baby a porridge that is thick like this?

**2b. *Non-doers:*** What would be the **disadvantages** of feeding your baby a porridge that is thick like this?

*(Write all responses below. Probe with “What else?”)*

*(Perceived Self-efficacy)*

***3a. Doers:*** What makes it **easy** for you to feed your baby a porridge that is thick like this?

**3b.** ***Non-doers:*** What would make it ***easy*** for you to feed your baby a porridge this is thick like this?

*(Write all responses below. Probe with “What else?”)*

*(Perceived Self-efficacy)*

**4a. *Doers:*** What makes it ***difficult*** for you to feed your baby a porridge that is thick like this?

**4b.** ***Non-doers:*** What would make it ***difficult*** for you to feed your baby a porridge that is thick like this?

*(Write all responses below. Probe with “What else?”)*

*(Perceived Social Norms)*

**5a.** ***Doers:*** Who are the people that ***approve*** of you feeding your baby a thick porridge?

**5b.** ***Non-doers:*** Who are the people that ***would approve*** of you feeding your baby a porridge that is thick like this?

*(Write all responses below. Probe with “Who else?”)*

*(Perceived Social Norms)*

**6a.** ***Doers:*** Who are the people that ***disapprove*** of you feeding your baby a porridge that is thick like this?

**6b.** ***Non-doers:*** *Who are the people that* ***would disapprove*** *of you feeding your baby* a porridge that is thick like this?

*(Write all responses below. Probe with “Who else?”)*

*(Perceived Cues for Action / Reminders)*

**7a. *Doers:*** When you prepare meals for your baby, how difficult is it to remember how much liquid to include in the porridge to get the right thickness?

*Very difficult, somewhat difficult, or not difficult at all?*

**7b. *Non-doers:*** When you prepare meals for your baby, how difficult would it be to remember how much liquid to include in the porridge to get the right thickness? *Very difficult, somewhat difficult, or not difficult at all?*

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all

*(Perceived Susceptibility / Perceived Risk)*

**8.** ***Doers* and Non-doers:** How likely is it that your child will become malnourished in the coming year? Verylikely, somewhat likely, or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

*(Perceived Severity)*

**10.** ***Doers* and Non-doers:** How serious would it be if your baby became malnourished?

A very serious problem, somewhat serious problem, or not serious at all?

❑ a. Very serious problem

❑ b. Somewhat serious problem

❑ c. Not serious at all

*(Action Efficacy)*

**11. *Doers* and Non-doers:** How likely is it that your baby would become malnourished if you feed him/her a porridge with this (show picture) kind of thickness? Very likely, somewhat likely, not very likely?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

(Culture)

**12. *Doers* and Non-doers:** Are there any cultural rules, taboos or beliefs against feeding your baby a porridge that is thick?

❑ a. Yes

❑ b. No

❑ c. Don’t know

*[Now I’m going to ask you a question unrelated to nutrition]*

*(Universal Motivator)*

**13. *Doers* and Non-doers:** **:**

*What is the one thing that you desire most in life?*

***THANK THE RESPONDENT FOR HIS OR HER TIME!***