Group: ❑ Doer ❑ Non-Doer

**Barrier Analysis Questionnaire on Complementary Feeding (Meal Frequency)**

**for use with Mothers with Children 9 – 23 months**

**Behavior Statement**

Mothers of children 9 – 23 months feed them at least three

cooked meals a day that contain a staple food.

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_Questionnaire No.: \_\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into child feeding practices. Before I continue, I would like to know the age of your youngest child. *(Note the age in question 1 and continue if she fits into the priority group for the survey. If the person doesn’t fit the profile for the survey, end the interview.* ) The study includes a discussion of this issue and will take about 20 minutes. I would like to hear your views on this topic. You are not obliged to participate in the study and no services will be withheld if you decide not to. If you decide to talk with me you will not be compensated in any way or receive any gift or services. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [If not, thank them for their time.]

**Section A. Behavior Screening Questions**

1. How old is your youngest child? \_\_\_\_\_\_\_\_\_ months

**€** a. 9 - 23 months of age

**€** b.≤ 8 months 🡪 *End interview and look for another respondent*

**€** c.≥ 24 months🡪 *End interview and look for another respondent*

**€** d.Don’t know🡪 *End interview and look for another respondent*

1. Yesterday, how many cooked meals that contained a staple food like (rice or cornmeal porridge[[1]](#footnote-1)) did you feed your child? \_\_\_\_\_\_\_\_\_\_ (🡨 write the number of meals)

**€** a. 3 meals or more meals 🡪 *Mark as a Doer and continue to Section* B

**€** b.2 or fewer meals 🡪*mark as Non-doer and continue to Section B*

**€** c.Don’t know🡪 *End interview and look for another respondent*

**Doer/Non-doer Classification Table**

|  |  |  |
| --- | --- | --- |
| **Doer**  (all of the following) | **Non Doer**  (any one of the following) | **Do not Interview**  (any one of the following) |
| Question 1 - A | Question 1 - B or C | Question 1 -D |
| Question 2 - A | Question 2 – B | Question 2 – C |

**GROUP: € DOER € NON-DOER**

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| --- |
| **Behavior Explanation:** I am going to be asking you some questions about meals you feed your baby. When I talk about meals, I mean cooked meals that contain a staple food like cornmeal porridge or rice. |

**SECTION B. Research Questions**

1a. **Doers:** What makes it **easier** for you to feed your baby at least three meals each day.

1b. **Non-doers**: What would make it **easier** for you to feed your baby at least three meals each day.

*(Write all responses below and probe three times)*

2a. **Doers:** What makes it **difficult** for you to feed your baby at least three meals each day.

2b. **Non-doers:** What would make it **difficult** for you to feed your baby at least three meals each day.

*(Perceived Positive Consequences)*

3a. What are the **advantages** of feeding your baby at least three meals per day.

3b. What would be the advantages of feeding your baby at least three meals per day?

*(Perceived Negative Consequences)*

4a. **Doers:** What are the **disadvantages** of feeding your baby at least three meals each day.

4b. **Non-doers:** What would be the **disadvantages** of feeding your baby at least three meals each day.

*(Social Norms)*

5a. **Doers**: Who are the people that **approve** of you feeding your baby at least three meals each day.

5b. Non-doers: Who are the people who would **approve** of you feeding your baby at least three meals each day.

6a. **Doers:** Who are people that **disapprove** of you feeding your baby at least three meals each day.

6b. **Non-doers:** Who are the people that would disapprove of you feeding your baby at least three meals each day.

7a. **Doers:** How difficult is it for you to get the food you need to feed your baby at least three times each day?

7b. **Non-doers**: How difficult would it be for you to get the food you need to feed your baby at least three times each day?

Would you say it is very difficult l, somewhat difficult or not difficult at all?

**€** A. Very difficult

**€** B. fairly difficult

**€** C. Not difficult at all

*(Cue for Action/Reminder)*

8a. **Doer:** How difficult is it to remember to feed your baby at least three times each day?

8b. **Non-doer:** How difficult do you think it would be to feed your baby at least three times each day?

Would you say it is very difficult, somewhat difficult or not difficult at all?

**€** A. Very difficult

**€** B. Somewhat difficult

**€** C. Not difficult at all

**€** D. Don`t know / Won`t say

*(Perceived Risk)*

9. **Doers** **and Non-doers**: How likely is that your baby will become malnourished in the next year? Would you say it is very likely, somewhat likely or not likely at all?

**€** A. Very likely

**€** B. Somewhat likely

**€** C. Not likely at all

*(Perceived Severity)*

10. **Doers and Non-doers**: How serious would it be if your baby became malnourished? Would you say it is very serious, somewhat serious or not serious at all?

**€** A. Very serious

**€** B. Somewhat serious

**€** C. Not serious at all

*(Perceived Action Efficacy)*

11. **Doers and Non-doers**: If you fed your baby at least three meals per day each day, how likely do you think it would be that your baby would become malnourished? Would you say it is very likely, somewhat likely or not likely at all?

**€** A. Very likely

**€** B. Somewhat likely

**€** C. Not likely at all

*(Perception of Divine Will)*

12 a. **Doers:** Do you think that God approves of you feeding your baby at least three times per day every day?

12b. **Non-doer:** Do you think that God would approve of you feeding your baby at least three times per day every day?

**€** A. Yes

**€** B. No

**€** C. Perhaps

**€** D.Don’t know / Won’t say

*(Culture)*

13. **Doers and Non-doers:** Are there any cultural rules or taboos against feeding your baby at least three meals per day every day?

**€** A. Yes

**€** B. No

**€** C. Maybe

**€** D.Don’t know / Won’t say

*(Now I am going to ask you a question unrelated to child feeding)*

*(Universal Motivator)*

14. **Doers and Non-doers:** What is the one thing you want most in life?

|  |
| --- |
| THANK THE MOTHER FOR HER TIME |

1. Insert here the most common staple foods used in the area of your project. [↑](#footnote-ref-1)