Group: ❑ Doer ❑ Non-Doer

**Barrier Analysis Questionnaire:**

**Tobacco Use**

**for use with boys and girls between the ages of 12 and 17**

**Behavior Statement**

Boys and girls between the ages of 12 and 17 refrain from using tobacco products[[1]](#footnote-2).

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Questionnaire No.: \_\_\_\_\_Date: \_\_\_/\_\_\_/\_\_\_

Community: \_\_\_\_\_\_\_\_\_\_\_\_\_ Gender: M F (circle one)

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into things young people do to stay healthy. The study includes a discussion of this issue and will take about 15 minutes. I would like to hear your views on this topic. You are not obliged to participate in the study and no services will be withheld if you decide not to. Likewise, if you chose to be interviewed you will not receive any gifts, special services or remuneration. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [If not, thank them for their time.]

**Section A - Doer/Non-doer Screening Questions**

**1. How old are you?**

❑ a. 12 to 17 years old

❑ b. Younger than 12 years or older than 17 years old

❑ c. Don’t Know / won’t say 🡪 *End interview and look for another respondent*

**2.** About X out of ten teenagers [Insert local data] here use tobacco at some point.  Some of them quit later.  During the past two weeks, how many cigarettes or cigars have you smoked?[[2]](#footnote-3)

❑ a. None

❑ b. Has smoked any quantity of cigarettes or cigars

❑ c. Don’t Know / won’t say 🡪 *End interview and look for another respondent*

**DOER /NON-DOER CLASSIFICATION TABLE**

|  |  |  |
| --- | --- | --- |
| **DOER**(all of the following) | **Non-Doer**(any ONE of the following) | **Do Not Interview**(any ONE of the following) |
| Question 1 = a |  | Question 1 = b or c |
| Question 2 = a | Question 2 = b | Question 2 = c |

Group: ❑ Doer ❑ Non-doer

**Section B – Research Questions**

**Behavior Explanation** (as needed)

In thefollowing questions I am going to be talking about using tobacco products, by this I mean smoking cigarettes or cigars or using chewing tobacco[[3]](#footnote-4).

*(Perceived Self-efficacy)*

**1a. *Doers***: What makes it ***easier*** for you to refrain from using tobacco products?

**1b.** ***Non-doers***: What would make it ***easier*** for you torefrain from using tobacco products?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Self-efficacy)*

**2a. *Doers***: What makes it ***difficult*** for you to refrain from using tobacco products?

**2b.** ***Non-doers***: What would make it ***difficult*** for you to refrain from using tobacco products?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Positive Consequences)*

**3a.** ***Doers:*** What are the ***advantages*** of not using tobacco products?

**3b. *Non-doers:*** What would be the ***advantages*** of not using tobacco products?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Negative Consequences)*

**4a.** ***Doers:*** What are the ***disadvantages*** of not using tobacco products?

**4b. *Non-doers:*** What would be the ***disadvantages*** of notusing tobacco products?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Social Norms)*

**5a. *Doers:*** Do most of the people that you know approve of you refraining from using tobacco products?

**5b.** ***Non-doers***: Would most of the people that you know approve of you refraining from using tobacco products?

❑ a. Yes

❑ b. Possibly

❑ c. No

 *(Perceived Social Norms)*

**6a.** ***Doers:*** Who are the people that ***approve*** of you refraining from using tobacco products?

**6b.** ***Non-doers:*** Who are the people that ***would approve*** of you refraining from using tobacco products?

 ***(Write all responses below. Probe with “Who else?”)***

*(Perceived Social Norms)*

**7a.** ***Doers:*** Who are the people that ***disapprove*** of you not using tobacco products?

**7b.** ***Non-doers:*** Who are the people that ***would disapprove*** of you not using tobacco products?

 ***(Write all responses below. Probe with “Who else?”)***

*(Perceived Access)*

**8a.** ***Doers:*** How difficult is it to get the support you need to refrain from using tobacco products?

**8b. *Non-doers:*** How difficult would it be to get the support you need to refrain from using tobacco products?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all

*(Perceived Cues for Action / Reminders)*

**9a. *Doers:*** How difficult is it to remember to refrain from using tobacco products? Very difficult, somewhat difficult, or not difficult at all?

**9b. *Non-doers:*** How difficult do you think it would be to remember to refrain from using tobacco products? Very difficult, somewhat difficult, or not difficult at all?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all

 *(Perceived Susceptibility / Perceived Risk)*

**10.** ***Doers* *and Non-doers:*** How likely is it that you will have heart or breathing problems or high blood pressure in your lifetime? Very likely, somewhat likely or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

*(Perceived Severity)*

**11.** **Doers and Non-doers:** How serious would it be if you had heart or breathing problems or high blood pressure? Very serious, somewhat serious, or not serious at all?

❑ a. Very serious

❑ b. Somewhat serious

❑ c. Not serious at all

*(Action Efficacy)*

**12. Doers and Non-doers:** How likely is it that you will have heart or breathing problems or high blood pressure if you refrain from using tobacco products?Very likely, somewhat likely or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

 *(Perception of Divine Will)*

**13a.*****Doers:***Do you think that God approves of you refraining from using tobacco products?

**13b. *Non-doers****:* Do you think that God would approve if you refrained from using tobacco products?

❑ a. Yes

❑ b. Maybe

❑ c. No

*(Policy)*

**14. *Doers*:** Are there any community laws or rules in place that make it more likely that you refrain from using tobacco products?

❑ a. Yes

❑ b. Maybe

❑ c. No

*(Culture)*

**15a. Doers and Non-doers:** Are there any cultural rules or taboos that make easier for youth to refrain from using tobacco products?

❑ a. Yes

❑ b. Maybe

❑ c. No

*Now I am going to ask you a question totally unrelated to the topic we’ve been discussing.*

*(Question on Universal Motivators)*

**16. Doers and Non-doers:** What is the one thing you desire most in life?

***THANK THE RESPONDENT FOR HIS OR HER TIME!***

1. Including cigarettes, cigars, chewing tobacco, hookah or bidis. [↑](#footnote-ref-2)
2. For programs in S. Asia include bidis and in the Middle East the hookah. [↑](#footnote-ref-3)
3. For programs in S. Asia include bidis and in the Middle East the hookah. [↑](#footnote-ref-4)