Group: ❑ Doer ❑ Non-Doer

**Barrier Analysis Questionnaire :**

**Attendance at Postnatal consultation**

**for use with women of children <6 months[[1]](#footnote-2) old**

**Behavior Statement**

Mothers of newborns attend a postnatal consultation within 24 hours after delivery[[2]](#footnote-3)

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Questionnaire No.: \_\_\_\_\_Date: \_\_\_/\_\_\_/\_\_\_

Community: \_\_\_\_\_\_\_\_\_\_\_\_\_

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into maternal and infant health. The study includes a discussion of this issue and will take about 20 minutes. I would like to hear your views on this topic. Before we begin, however, I would like to know the age of your youngest child?

You are not obliged to participate in the study and no services will be withheld if you decide not to. Likewise, if you chose to be interviewed you will not receive any gifts, special services or remuneration. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [If not, thank them for their time.]

**Section A - Doer/Non-doer Screening Questions**

**1.** Do you have a child under 6 months old?

❑ A. Yes

❑ B. No 🡪 *End interview and look for another respondent*

❑ C. Don’t Know /won’t say 🡪 *End interview and look for another respondent*

**2.** After you gave birth to your last child, did you have a postnatal consultation – by this I mean a consultation just after you gave birth?

❑ A. Yes

❑ B. No 🡪 *Mark as Non-Doer and proceed to Section B*

❑ C. Do not know / no response 🡪 *End interview and look for another respondent*

**3.** Where did you go for your postnatal consultation?

❑ A. private or government health center, maternity, clinic, or hospital

❑ B. any other place mentioned 🡪*Mark as Non-Doer and proceed to Section B*

 ❑ C. Do not know / no response 🡪 *End interview and look for another respondent*

4. How soon after the birth did you have this consultation?

❑ A. within 48 hours/2 days

❑ B. more than 2 days after the birth 🡪*Mark as Non-Doer and proceed to Section B*

 ❑ C. Can’t remember / no response 🡪 *End interview and look for another respondent*

***DOER /NON-DOER CLASSIFICATION TABLE***

|  |  |  |
| --- | --- | --- |
| **DOER**(all of the following) | **Non-Doer**(any ONE of the following) | **Do Not Interview**(any ONE of the following) |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A | Question 2 = B | Question 2 = C |
| Question 3 = A | Question 3 = B | Question 3 = C |
| Question 4 = A | Question 4 = B | Question 4 = C |

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**Behavior Explanation**

In the following questions I’m going to be talking about postnatal consultations. When I say this, I mean the consultation at a health facility that takes place very soon after the delivery to check the health of the new mother and the newborn.

**Section B – Research Questions**

*(Perceived Self-efficacy)*

**1a. *Doers***: What makes it ***easier*** for you to attend a postnatal consultation within 2 days after giving birth?

**1b.** ***Non-doers***: What would make it ***easier*** for you to attend a postnatal consultation within 2 days after giving birth??

***(Write all responses below. Probe with “What else?”)***

*(Perceived Self-efficacy)*

**2a. *Doers***: What makes it ***difficult*** for you to attend a postnatal consultation within 2 days after giving birth?

**2b.** ***Non-doers***: What would make it ***difficult*** for you to attend a postnatal consultation within 2 days after giving birth??

***(Write all responses below. Probe with “What else?”)***

*(Perceived Positive Consequences)*

**3a.** ***Doers:*** What are the ***advantages*** of attending a postnatal consultation within 2 days after giving birth?

**3b. *Non-doers:*** What would be the ***advantages*** of attending a postnatal consultation within 2 days after giving birth?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Negative Consequences)*

**4a.** ***Doers:*** What are the ***disadvantages*** of attending a postnatal consultation within 2 days after giving birth?

**4b. *Non-doers:*** What would be the ***disadvantages*** of attending a postnatal consultation within 2 days after giving birth?

***(Write all responses below. Probe with “What else?”)***

 *(Perceived Social Norms)*

**5a.** ***Doers:*** Who are the people that ***approve*** of you attending a postnatal consultation within 2 days after giving birth?

**5b.** ***Non-doers:*** Who are the people that ***would approve*** of you attending a postnatal consultation within 2 days after giving birth?

***(Write all responses below. Probe with “Who else?”)***

*(Perceived Social Norms)*

**6a.** ***Doers:*** Who are the people that ***disapprove*** of you attending a postnatal consultation within 2 days after giving birth?

**6b.** ***Non-doers:*** Who are the people that ***would disapprove*** of you attending a postnatal consultation within 2 days after giving birth?

***(Write all responses below. Probe with “Who else?”)***

*(Perceived Access)*

**7a.** ***Doers:*** How difficult was it to get the health center for a postnatal consultation within 2 days after the birth? Would you say it’s very difficult, somewhat difficult or not difficult at all?

**7b. *Non-doers:*** How difficult would it have been to get the health center for a postnatal consultation within 2 days after giving birth? Would you say it’s very difficult, somewhat difficult or not difficult at all?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all

*(Perceived Cues for Action / Reminders)*

**8a. *Doers:*** How difficult was it to remember to attend a postnatal consultation within 2 days after giving birth? Very difficult, somewhat difficult, or not difficult at all?

**8b. *Non-doers:*** How difficult do you think it would have been to remember to attend a postnatal consultation within 2 days after giving birth? Very difficult, somewhat difficult, or not difficult at all?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

 *(Perceived Susceptibility / Perceived Risk)*

**9.** ***Doers* *and Non-doers:*** How likely is it that you will experience problems immediately after your next delivery? Would you say it’s very likely, somewhat likely or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

*(Perceived Severity)*

**10.** **Doers and Non-doers:** How serious would it be if youexperienced problems immediately after your delivery? Would you say it’s very serious, somewhat serious, or not serious at all?

❑ a. Very serious

❑ b. Somewhat serious

❑ c. Not serious at all

*(Action Efficacy)*

**11. Doers and Non-doers:** How likely is it that you would experience problems immediately after your delivery, if youattended a postnatal consultation within 2 days after giving birth? Would you say it’s very likely, somewhat likely or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

*(Perceived Susceptibility / Perceived Risk)*

**12.** ***Doers* *and Non-doers:*** How likely is it that your next b will experience problems immediately after the delivery? Would you say it’s very likely, somewhat likely or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

*(Perceived Severity)*

**13.** **Doers and Non-doers:** How serious would it be if your newbornexperienced problems immediately after the delivery? Would you say it’s very serious, somewhat serious, or not serious at all?

❑ a. Very serious

❑ b. Somewhat serious

❑ c. Not serious at all

*(Action Efficacy)*

**14. Doers and Non-doers** How likely is it that your newborn would experience problems immediately after the delivery if youattended a postnatal consultation within 2 days after giving birth? Would you say it’s very likely, somewhat likely or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all

*(Perception of Divine Will)*

**15.*****Doers and Non-doers:***Do you think that God causes new mothers or newborns to have problems?

❑ a. Yes

❑ b. Maybe

❑ c. No

*(Policy)*

**16. *Doers and Non-doers*:** Are there any community laws or rules in place that make it more likely that new mothers attend a postnatal consultation within 2 days after delivery?

❑ a. Yes

❑ b. Maybe

❑ c. No

 *(Culture)*

**17. Doers and Non-doers:** Are there any cultural rules or taboos against mothers attending a postnatal consultation within 2 days after giving birth?

❑ a. Yes

❑ b. Maybe

❑ c. No

*Now I am going to ask you a question totally unrelated to the topic we’ve been discussing.*

*(Question on Universal Motivators)*

**18. Doers and Non-doers:** What is the one thing you desire most in life?

***THANK THE RESPONDENT FOR HER TIME!***

1. This age is arbitrary. This questionnaire should be administered among mothers who can accurately remember what happened just after they gave birth. The closer to the birth, the more likely she will accurately recall those events. [↑](#footnote-ref-2)
2. Modify to match the policy of the Ministry of Health in the country where this behavior is being promoted. [↑](#footnote-ref-3)