Group: ❑ Doer ❑ Non-Doer

**Barrier Analysis Questionnaire on**

**Immediate Breastfeeding**

**Among Mothers of Infants 1 day – 6 months**

**Behavior Statement**

Targeted mothers put the newborn to the breast within one hour of delivery

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire No.: \_\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Community: \_\_\_\_\_\_\_\_\_\_\_\_\_

Gender of interviewee: ❑ Male ❑ Female

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into newborn feeding practices. The study includes a discussion of this topic and will take about 20 minutes. I would like to hear your views on this topic. Would you be willing to talk with me? You are not obliged to participate in the study and no services will be withheld if you decide not to. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [If not, thank them for their time.]

**Section A - Doer/Non-doer Screening Questions**

**1.** Did you give birth within the last 6 months?

❑ a. Yes

❑ b. No 🡪 *End interview and look for another mother*

❑ c. Won’t say 🡪 *End interview and look for another mother*

2. After your baby was delivered how long was it before you put him/her to the breast?

❑ a. within 1 hour

❑ b. after 1 hour

❑ c. never breastfed at all

❑ d. Can’t recall / no response *🡪 End interview and look for another* *mother*

***DOER /NON-DOER CLASSIFICATION TABLE***

|  |  |  |
| --- | --- | --- |
| **DOER** | **Non-Doer** | **Do Not Interview** |
| Question 1 = A |  | Question 1 = B or C |
| Question 2 = A | Question 2 = B | Question 2 = C or D |

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**Section B – Research Questions**

*(Perceived Self Efficacy / Skills)*

**1.** With your present knowledge and skills do you think that you could put your next baby to the breast within one hour of delivery?

❑ a. Yes

❑ b. Possibly

❑ c. No

❑ d. Don’t Know

*(Perceived Positive and Negative Consequences)*

**2a.** ***Doers:*** What are the ***advantages*** of putting your newborn to the breast within one hour of delivery?

**2b. *Non-doers:*** What would be the ***advantages*** of putting your newborn to the breast within one hour of delivery?

***(Write all responses below. Probe with “What else?”)***

**3a.** ***Doers:*** What are the ***disadvantages*** of putting your newborn to the breast within one hour of delivery?

**3b. *Non-doers:*** What would be the ***disadvantages*** of putting your newborn to the breast within one hour of delivery?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Self-efficacy)*

***4a. Doers***: What makes it ***easier*** for you to put your newborn to the breast within one hour of delivery?

**4b.** ***Non-doers***: What would make it ***easier*** for you to put your newborn to the breast within one hour of delivery?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Self-efficacy)*

**5a. *Doers***: What makes it ***difficult*** for you to put your newborn to the breast within one hour of delivery?

**5b.** ***Non-doers***: What would make it ***difficult*** for you to put your newborn to the breast within one hour of delivery?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Social Norms)*

**6a.** ***Doers:*** Who are the people that ***approve*** of you putting your newborn to the breast within one hour of delivery?

**6b.** ***Non-doers:*** Who are the people that ***would approve*** of you putting your newborn to the breast within one hour of delivery?

***(Write all responses below. Probe with “Who else?”)***

*(Perceived Social Norms )*

**7a.** ***Doers:*** Who are the people that ***disapprove*** of you putting your newborn to the breast within one hour of delivery?

**7b.** ***Non-doers:*** Who are the people that ***would disapprove*** of you putting your newborn to the breast within one hour of delivery?

***(Write all responses below. Probe with “Who else?”)***

*(Perceived Access)*

**8a.** ***Doers:*** How difficult was it to get the support you needed to put your newborn to the breast within one hour of delivery?

**8b. *Non-doers:*** How difficult would it be to get the support you need to put your newborn to the breast within one hour of delivery?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Cues for Action / Reminders)*

**9a. *Doers:*** How difficult is it to remember to put your newborn to the breast within one hour of delivery? Very difficult, somewhat difficult, or not difficult at all?

**9b. *Non-doers:*** How difficult do you think it would be to remember to put your newborn to the breast within one hour of delivery? ? Very difficult, somewhat difficult, or not difficult at all?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Susceptibility / Perceived Risk)*

**10a.** ***Doers* and *Non-doers:*** How likely is it that you would bleed too much if you did not put your newborn to the breast within one hour of delivery?

Very likely, somewhat likely, or not likely at all?

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all.

❑ d. Don’t Know / Won’t say

*(Perceived Severity)*

**11.** ***Doers* and *Non-doers:*** How bad of a problem would it be if you bled too much after the delivery? A very bad problem, somewhat bad problem, or not a problem at all?

❑ a. Very bad problem

❑ b. Somewhat bad problem

❑ c. Not a bad problem at all

❑ d. Don’t Know / Won’t say

*(Perceived Action Efficacy)*

**12.*****Doers and Non-doers:***If you put your newborn to the breast within one hour to you think that would help to reduce excessively bleeding?

❑ a. Yes

❑ b. Maybe

❑ c. No

 *(Perception of Divine Will)*

**13a.*****Doers:***Do you think that God approves of you putting your newborn to the breast within one hour of delivery?

**13b. *Non-doers****:* Do you think that God would approve of you putting your newborn to the breast within one hour of delivery?

❑ a. Yes

❑ b. No

❑ c. Don’t Know / Won’t say

*(Policy)*

**14a. *Doers*:** Are there any community laws or rules in place that helped you put your newborn to the breast within one hour of delivery?

**14b. *Non-doers*:** Are there any community laws or rules in place that would help you put your newborn to the breast within one hour of delivery?

❑ a. Yes

❑ b. No

❑ c. Don’t Know / Won’t say

*(Culture)*

**15. *Doers* and *Non-doers:*** Are there any cultural rules or taboos that you know of for or against putting your newborn to the breast within one hour of delivery?

❑ a. Yes

❑ b. No

❑ c. Don’t Know / Won’t say

Now I am going to ask you a question unrelated to breastfeeding

*(Universal Motivators)*

**16. Doers/Non-doers:** What is the one thing that you desire most in life?

***THANK THE RESPONDENT FOR HER TIME!***