Group: ❑ Doer ❑ Non-Doer

**Barrier Analysis Questionnaire:**

**Exclusive Breastfeeding for Mothers of children**

**5 – 12 months**

**Behavior Statement**

Mothers of children ages 0 – 6 months feed them only breast milk.

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Questionnaire No.: \_\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_Community: \_\_\_\_\_\_\_\_\_\_\_\_\_

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into infant feeding practices. The study includes a discussion of this issue and will take about 20 minutes. I would like to hear your views on this topic. You are not obliged to participate in the study and no services will be withheld if you decide not to. Likewise, if you chose to be interviewed you will not receive any gifts, special services or remuneration. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [If not, thank them for their time.]

**Section A - Doer/Non-doer Screening Questions**

**1.** How old is your youngest child? (write the age in months) \_\_\_\_\_\_\_\_\_

❑ A. 5-12 months

❑ B. 0- 4 month 🡪 *end the interview and look for another respondent*

❑ C. 13 month or older 🡪 *end the interview and look for another respondent*

❑ D. Don’t Know / Won’t say 🡪 *End interview and look for another respondent*

**2.**  Have you ever breast fed this child?

❑ A. yes

❑ B. No 🡪 *End the interview and look for another respondent*

❑ C. Do not remember / no response 🡪 *End interview and look for another respondent*

**3.** Now I would like you to remember back when your baby was very young – even when s/he was a newborn. Please tell me how old the baby was when you first gave him/her any liquids other than breast milk – like water, juice, cow’s milk or goat milk.

❑ A. 5 months or older

❑ B. 0-4 months 🡪 *Mark as Non-doer*

❑ C. Do not remember / no response 🡪 *End interview and look for another respondent*

4. Please tell me how old the baby was when you first gave him/her semi solid foods – like soup, porridge …….

❑ A. 5 months or older

❑ B. 0-4 months 🡪 *Mark as Non-doer*

❑ C. Do not remember / no response 🡪 *End interview and look for another respondent*

**DOER /NON-DOER CLASSIFICATION TABLE**

|  |  |  |
| --- | --- | --- |
| **DOER**  (all of the following) | **Non-Doer**  (any of the following) | **Do Not Interview**  (any of the following) |
| Question 1 = A |  | Question 1 = B or C or D |
| Question 2 = A |  | Question 2 = B or C |
| Question 3 = A | Question 3 = B | Question 3 = C |
| Question 4 = A | Question 4 =B | Question = C |

Group: ❑ Doer ❑ Non-doer

**Section B – Research Questions**

*(Perceived Self Efficacy / Skills)*

**1. Doer & Non-doer:** With your present knowledge, resources, and skills, do you think that you could give only breast milk to your baby for the first 6 months?

❑ a. Yes

❑ b. Possibly

❑ c. No

❑ d. Don’t Know

*(Perceived Self-efficacy)*

**2a. *Doers***: What makes it ***easier*** for you to give only breast milk to your baby for the first 6 months?

**2b.** ***Non-doers***: What would make it ***easier*** for you to give only breast milk to your baby for the first 6 months?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Self-efficacy)*

**3a. *Doers***: What makes it ***difficult*** for you to give only breast milk to your baby for the first 6 months?

**3b.** ***Non-doers***: What would make it ***difficult*** for you to give only breast milk to your baby for the first 6 months?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Positive Consequences)*

**4a.*Doers:*** What are the ***advantages*** of only giving breast milk to your baby for the first 6 months?

**4b. *Non-doers:*** What would be the ***advantages*** of only giving breast milk to your baby for the first 6 months?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Negative Consequences)*

**5a.** ***Doers:*** What are the ***disadvantages*** of only giving breast milk to your baby for the first 6 months??

**5b. *Non-doers:*** What would be the ***disadvantages*** of only giving breast milk to your baby for the first 6 months?

***(Write all responses below. Probe with “What else?”)***

*(Perceived Social Norms )*

**6a. *Doers:*** Do most of the people you know approve of you only giving breast milk to your baby for the first 6 months?

**6b.** ***Non-doers***: Would most of the people you know approve of you only giving breast milk to your baby for the first 6 months?

❑ a. Yes

❑ b. Possibly

❑ c. No

❑ d. Don’t Know / Won’t say

*(Perceived Social Norms )*

**7a.** ***Doers:*** Who are all the people that ***approve*** of you only giving breast milk to your baby for the first 6 months?

**7b.** ***Non-doers:*** Who are all the people that ***would approve*** of you only giving breast milk to your baby for the first 6 months?

***(Write all responses below. Probe with “Who else?” Try to get specific types of people)***

*(Perceived Social Norms )*

**8a.** ***Doers:*** Who are all the people that ***disapprove*** of you only giving breast milk to your baby for the first 6 months?

**8b.** ***Non-doers:*** Who are all the people that ***would disapprove*** of you only giving breast milk to your baby for the first 6 months?

***(Write all responses below. Probe with “Who else?” Try to get specific types of people)***

*(Perceived Access)*

**9a.** ***Doers:*** How difficult is it to get the support you need to give only breast milk to your baby for the first 6 months?

**9b. *Non-doers:*** How difficult would it be to give only breast milk to your baby for the first 6 months?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Cues for Action / Reminders)*

**10a. *Doers:*** How difficult is it to remember to give only breast milk to your baby for the first 6 months?

**10b. *Non-doers:*** How difficult would it be to give only breast milk to your baby for the first 6 months? Very difficult, somewhat difficult, or not difficult at all?

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all.

❑ d. Don’t Know / Won’t say

*(Perceived Susceptibility / Perceived Risk)*

**11.** ***Doers* & Non-doers:** How likely is it that your baby will become malnourished? Very likely, somewhat likely, or not likely at all

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all.

❑ d. Don’t Know / Won’t say

**12.** ***Doers* & Non-doers:** How likely is it that your baby will get diarrhea? Very likely, somewhat likely, or not likely at all

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all.

❑ d. Don’t Know / Won’t say

*(Perceived Severity)*

**13.** **Doers and Non-doers:** How serious would it be if your baby became malnourished? very serious, somewhat serious, or not serious at all?

❑ a. Very serious

❑ b. Somewhat serious

❑ c. Not serious at all

❑ d. Don’t Know / Won’t say

**14.** **Doers and Non-doers:** How serious would it be if your baby got diarrhea? very serious, somewhat serious, or not serious at all?

❑ a. Very serious

❑ b. Somewhat serious

❑ c. Not serious at all

❑ d. Don’t Know / Won’t say

*(Action Efficacy)*

**15. Doers and Non-doers** How likely is it that your baby will become malnourished if you only breast feed for the first 6 months? Very likely, somewhat likely, or not likely at all

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all.

❑ d. Don’t Know / Won’t say

**16. Doers and Non-doers** How likely is it that your baby will get diarrhea if you only breast feed for the first 6 months? Very likely, somewhat likely, or not likely at all

❑ a. Very likely

❑ b. Somewhat likely

❑ c. Not likely at all.

❑ d. Don’t Know / Won’t say

*(Perception of Divine Will)*

**17.*****Doers and Non-doers:***Do you think that God causes malnutrition?

❑ a. Yes

❑ b. No

❑ c. Don’t Know / Won’t say

*(Perception of Divine Will)*

**18.*****Doers and Non-doers:***Do you think that God causes diarrhea?

❑ a. Yes

❑ b. No

❑ c. Don’t Know / Won’t say

*(Culture)*

**19. Doers and Non-doers:** Are there any cultural rules or taboos against only breastfeeding your baby for 6 months?

❑ a. Yes

❑ b. No

❑ c. Don’t Know / Won’t say

*Now I am going to ask you a question totally unrelated to breastfeeding.*

*(Universal Motivators)*

**20. Doers and Non-doers:** What is the one thing you want most in life.

***THANK THE RESPONDENT FOR HIS OR HER TIME!***