Group: ❑ Doer ❑ Non-doer

**Barrier Analysis Questionnaire :**

**Complementary Feeding/Food Variety**

**for use with Mothers of Children 9 – 23 months**

**Behavior Statement**

Mothers of children ages 9 – 23 months feed them meals each day

containing foods from at least 4 of the 7 food groups

**Demographic Data**

Interviewer’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Questionnaire No.: \_\_\_\_\_\_Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_\_

Scripted Introduction:

Hi, my name is\_\_\_\_\_\_\_\_\_; and I am part of a study team looking into child feeding practices. Before I continue I would like to know the age of your youngest child. (*If the child is not in the desired age range (see question 1), thank the mother and look for another respondent.)* The study includes a discussion of feeding practices and will take about 15 - 20 minutes. I would like to hear your views on this topic. You are not obliged to participate in the study and no services will be withheld if you decide not to. Also, if you decide to participate you won’t receive any compensation, gifts or services. Everything we discuss will be held in strict confidence and will not be shared with anyone else.

Would you like to participate in the study? [ If not, thank them for their time.]

**Section A - Doer/Non-doer Screening Questions**

1. How old is your youngest child?\_\_\_\_\_\_\_\_\_\_\_\_\_(🡨 write the age in months here)

❑ a. 9 months - 23 months

❑ b. 8 months or younger🡪  *End interview and look for another mother*

❑ c. Older than 24 months 🡪 End interview and look for another mother

❑ d. Don’t Know / Won’t say *🡪 End interview and look for another mother*

2. I would like to you think about all the meals you fed your baby in the last 2 days. How many meals did you feed your baby something other than breast milk? *(This question is just to help the mother to remember**what the baby ate.)*

❑ a. \_\_\_\_\_\_\_\_\_\_\_

❑ b. Do not know / no response 🡪 *End interview and look for another respondent*

3. Please tell me all the different foods you remember feeding to your baby in the last two days. (*If the mother mentions a dish that has several ingredients, ask her to list them all*. *Check all the boxes of foods the mother mentions*.)

❑ a. Do not know / no response 🡪 *End interview and look for another respondent*

❑ b. Grains, roots, tubers: [list the locally available foods here]

❑ c. Legumes, nuts:. [list the locally available foods here]

❑ d. Dairy produce: [list the locally available foods here]

❑ e. Flesh foods: [list the locally available foods here]

❑ f.  Eggs:

❑ g. Vit-A rich fruit & veg: [list the locally available foods here]

❑ h. Other fruit & veg: [list the locally available foods here]

**DOER /NON-DOER CLASSIFICATION TABLE**

|  |  |  |
| --- | --- | --- |
| **DOER**  (all of the following) | **Non-Doer**  (any ONE of the following) | **Do Not Interview**  (any ONE of the following) |
| Question 1 = A |  | Question 1 = B or C or D |
| Question 3 = **four** or more boxes checked from B through H | Question 3 = **three or** **fewer** boxes checked from B through H | Question 3 = A |

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**Behavior Explanation**

(Show the mother the photo/picture of the different food groups and place it where she can see it during the entire interview. Briefly explain the picture and make sure she understands the idea of grouping different foods. She doesn’t need to know the names of the groups or their nutritional value, but she does need to recognize the foods in the picture. *)*

*In the**following questions I am going to be talking about different food groups. When I mention the “food groups” , I am talking about foods in these groups [Point to the picture of the different good groups and keep the picture in view throughout the interview. ]*

**Section B – Research Questions**

*(Perceived Positive Consequences)*

**1a. *Doers:*** *What are the* ***advantages*** *of feeding your baby foods from at least four of the different food groups each day?*

**1b. *Non-doers:*** *What would be the* ***advantages*** *of feeding your baby foods from at least four of* ***these food groups each day?***

***(****Write all responses below. Probe with “What else?”)*

*(Perceived Negative Consequences)*

**2a.** ***Doers:*** What are the **disadvantages** of feeding your baby foods from at least four of these different food groups each day?

**2b. *Non-doers:*** What would be the **disadvantages** of feeding your baby foods from at least four of these different food groups each day?

*(Write all responses below. Probe with “What else?”)*

*(Perceived Self-efficacy)*

***3a. Doers:*** What makes it **easy** for you to feed your baby foods from at least four of these different food groups each day?

**3b.** ***Non-doers:*** What would make it ***easy***for you to feed your baby foods from at least four of these groups each

*(Write all responses below. Probe with “What else?”)*

*(Perceived Self-efficacy)*

**4a. *Doers:*** What makes it ***difficult*** for you to feed your baby foods from at least four of these food groups each day?

**4b.** ***Non-doers:*** What would make it ***difficult*** for you to feed your baby foods from at least four of these food groups each day?

*(Write all responses below. Probe with “What else?”)*

*(Perceived Social Norms)*

**5a.** ***Doers:*** Who are the people that ***approve*** of you feeding your baby foods from at least four of these food groups each day?

**5b.** ***Non-doers:*** Who are the people that ***would approve*** of you feeding your baby foods from at least four of these food groups each day?

*(Write all responses below. Probe with “Who else?”)*

*(Perceived Social Norms)*

**6a.** ***Doers:*** Who are the people that ***disapprove*** of you feeding your baby foods from at least four of these food groups each day?

**6b.** ***Non-doers:*** *Who are the people that* ***would disapprove*** *of you feeding your baby foods from at least four of these food groups each day?*

*(Write all responses below. Probe with “Who else?”)*

*(Perceived Access)*

**7a.** ***Doers:*** How difficult is it to get food from at least four of these food groups? *Would you say it is Very difficult, somewhat difficult or not difficult at all?*

**7b. *Non-doers:*** How difficult would it be to get foods from at least four of these food groups? Would you say it is Very difficult, somewhat difficult or not difficult at all?

❑ a. Very difficult

❑ b. *Somewhat difficult*

❑ c. *Not difficult at all*

*(Perceived Cues for Action / Reminders)*

**8a. *Doers:*** When you prepare meals for your baby, how difficult is it to remember to include foods from at least four of these food groups?

*Very difficult, somewhat difficult, or not difficult at all?*

**8b. *Non-doers:*** When you prepare meals for your baby, how difficult do you think it would be to remember to include foods from at least four of these food groups? *Very difficult, somewhat difficult, or not difficult at all?*

❑ a. Very difficult

❑ b. Somewhat difficult

❑ c. Not difficult at all

❑ d. Don’t Know / Won’t say

*(Perceived Susceptibility / Perceived Risk)*

**9.** ***Doers* *and Non-doers*:** *How likely is it that your child will become malnourished in the coming year? Very**likely, somewhat likely, or not likely at all?*

❑ a.  *Very likely*

❑ b.  *Somewhat likely*

❑ c.  *Not likely at all*

*(Perceived Severity)*

**10.** ***Doers* and Non-doers:** *How serious would it be if your baby became malnourished?*

*A very serious problem, somewhat serious problem, or not serious at all?*

❑ a. *Very serious problem*

❑ b. *Somewhat serious problem*

❑ c. *Not serious at all*

*(Action Efficacy)*

**11. *Doers* and Non-doers:** *How likely is it that your baby would become malnourished if you feed him/her foods from at least four of these food groups each day? Very likely, somewhat likely, not very likely?*

❑ a. *Very likely*

❑ b. *Somewhat likely*

❑ c.  *Not likely at all*

*(Perception of Divine Will)*

**12a.** ***Doers:*** *Do you think that* ***God approves*** *of you feeding your baby foods from at least four of these food groups each day?*

**12b. *Non-doers****: Do you think that* ***God would approve*** *of you feeding your baby foods from at least four of these food groups each day?*

❑ a. Yes

❑ b. No

❑ c. Don’t Know

(Culture)

**13. *Doers* and Non-doers:** Are there any cultural rules or taboos that you know of against feeding your baby foods from at least four of these food groups each day?

❑ a.Yes

❑ b. No

❑ c. Don’t know

*Now I’m going to ask you a question unrelated to nutrition*

*(Universal Motivator)*

**14. *Doers* and Non-doers:** **:**

*What is the one thing that you desire most in life?*

***THANK THE RESPONDENT FOR HIS OR HER TIME!***